Working as a care assistant

As a care assistant you could work at an adult care home, at a client's _____ or stay overnight at people's homes. Your working environment may be physically and _____demanding and you may need to wear a uniform. The work isn't easy but it can be very_____.

You'll need to have a desire to help people and to be sensitive and understand people's_____. You'll also need patience and to be able to stay _____in stressful situations. Excellent verbal communication and customer service _____are necessary as well as being able to work with others and, sometimes, to work under pressure.

Your day-to-day tasks will vary depending on the needs of the person you're caring for. For people who need_____ to live at home and in their community, you'll help with washing and dressing, make food or help with eating and do household_____, like washing clothes and shopping. You'll also need to check your client is taking their prescribed_____. It's important to get to know their interests and needs too and to support their physical and _____wellbeing through activities.

PUT THESE WORDS IN THE SPACES

needs
medication
home
calm
support
skills
mental
emotionally
jobs
satisfying