

## Use the words in brackets to make sentences.

- 1) I do sport. (never)
- 2) My mom phones me on Monday evenings. (usually)
- 3) He's tired in the mornings (often)
- 4) We have a drink after work on Fridays. (always)
- 5) Do you walk to work? (usually)
- 6) I'm at home in the afternoons. (not usually)
- 7) Classes are on Saturdays. (sometimes)
- 8) I watch TV. (not often)

## Look at the chart and complete the conversation using adverbs of frequency.

|            | Mon | Tue | Wed | Thu | Fri | Sat | Sun |
|------------|-----|-----|-----|-----|-----|-----|-----|
| vegetables |     |     |     |     |     |     |     |
| fruit      |     |     |     |     |     |     | ✓   |
| chicken    | ✓   |     | ✓   |     | ✓   | ✓   |     |
| steak      | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   | ✓   |
| fish       |     | ✓   |     | ✓   |     |     |     |
| chips      | ✓   | ✓   | ✓   |     | ✓   | ✓   | ✓   |

**A** So, Mr Price, let's look at your diet. Do you eat vegetables and fruit?

**B** Er, no, doctor. I \_\_\_\_\_ vegetables and I \_\_\_\_\_ fruit.

**A** What about meat and fish?

**B** Well, I \_\_\_\_\_ fish, maybe once or twice a week and I \_\_\_\_\_ chicken. I like steak so I \_\_\_\_\_ steak for lunch and I \_\_\_\_\_ it with chips.