Daily routines

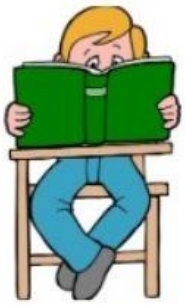
wake up

take shower

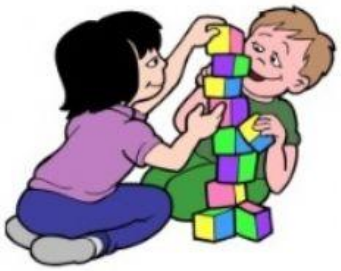
brush teeth

do exercises

get dressed


read a book

brush hair


play

make the bed

clean up

watch TV

eat

listen to the music

sleep