

Choose the correct food group.

- A MEAT, PULSES, FISH, EGGS, AND OTHER PROTEINS
- B FRUIT AND VEGETABLES
- C DAIRY AND ALTERNATIVES
- D POTATOES, RICE, BREAD, PASTA AND OTHER STARCHY CARBOHYDRATES



Choose the correct food group.

- A DAIRY AND ALTERNATIVES
- B POTATOES, RICE, BREAD, PASTA AND OTHER STARCHY CARBOHYDRATES
- C FRUIT AND VEGETABLES
- D MEAT, PULSES, FISH, EGGS, AND OTHER PROTEINS



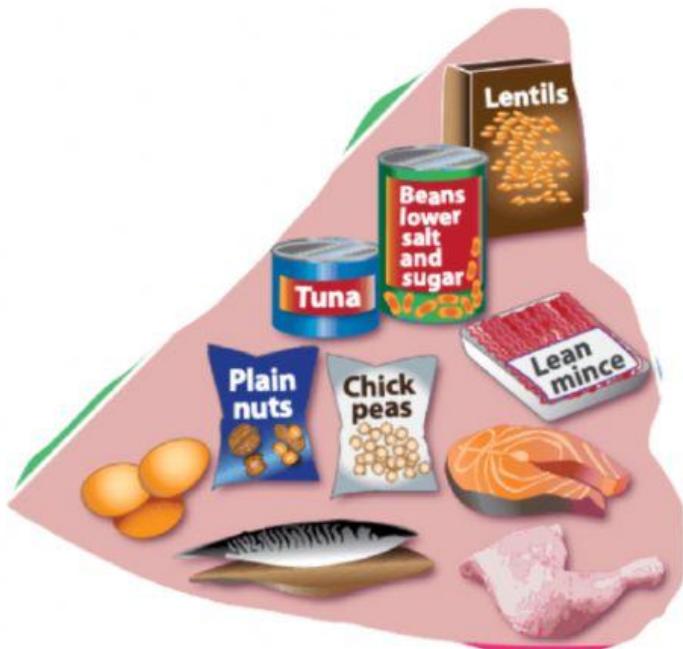
Choose the correct food group.

- A POTATOES, RICE, BREAD, PASTA AND OTHER STARCHY CARBOHYDRATES
- B OILS AND SPREADS
- C DAIRY AND ALTERNATIVES
- D MEAT, PULSES, FISH, EGGS, AND OTHER PROTEINS



Choose the correct food group.

- A POTATOES, RICE, BREAD, PASTA AND OTHER STARCHY CARBOHYDRATES
- B DAIRY AND ALTERNATIVES
- C MEAT, PULSES, FISH, EGGS, AND OTHER PROTEINS
- D FRUIT AND VEGETABLES



Choose the correct food group.

- A POTATOES, RICE, BREAD, PASTA AND OTHER STARCHY CARBOHYDRATES
- B FRUIT AND VEGETABLES
- C OILS AND SPREADS
- D DAIRY AND ALTERNATIVES

