

MATCH THE SENTENCE HALVES

- | | |
|---|--|
| 1. I'm a light sleeper. | a. It's cold at night. |
| 2. Don't wake the children! | b. She finds it very difficult to fall asleep. |
| 3. Do you want an extra blanket for your bed? | c. have a nap for an hour. |
| 4. Do you like to have a duvet | d. I'll turn it off. |
| 5. How quickly do you usually | e. I wake up very easily if I think I hear something. |
| 6. My children used to have nightmares. | f. They're fast asleep. |
| 7. My mother has insomnia. | g. Set an extra alarm. |
| 8. Does my music keep you awake? | h. sleeping pills to help me get to sleep. |
| 9. I'm tired. I'm going to | i. or a blanket on your bed? |
| 10. Be careful not to oversleep! | j. I'll just have a sheet. |
| 11. When you get into bed, | k. because I snore loudly. |
| 12. Don't forget to set the alarm | l. Once, he walked downstairs and almost out of the house. |
| 13. It's too hot to have a blanket on my bed, | m. you put your head on the pillow. |
| 14. My doctor suggested I take | n. They used to wake up and shout for me. |
| 15. I'm so tired! I'm going to | o. fall asleep at night? |
| 16. My son sleepwalks at night. | p. for 6.30 a.m. tomorrow. |
| 17. It's been a long day and I'm sleepy. | q. If you're tired, go to bed. |
| 18. I have to sleep in a different room | r. sleep like a log tonight. |
| 19. Don't sit there and yawn. | s. I'm going to bed. |