

Listening

You are now going to listen to the next 4 tips...



1) What are they?

5. _____

6. _____

7. _____

8. _____

2) What can you do if you can't leave the house?

3) _____ and _____ might be a good alternative to video calls.

4) It is **not** natural to feel this way during lockdown.

Please put a cross **X** to select the correct answers.

TRUE	
FALSE	

5) Who can you call if you need support? Write **two** options

- _____
- _____