



ALWAYS CHANGING

Pre-test

What do you know about Puberty? Circle the best answer from the choices given.

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|----|---|------|-------|
| 1 | Puberty involves physical and emotional changes. | True | False |
| 2 | All boys start shaving during puberty. | True | False |
| 3 | Sweat serves no useful function in the body. | True | False |
| 4 | For girls, puberty begins between the ages of 8 – 13 and for boys it's from ages of 10 – 17. | True | False |
| 5 | Changes that happen during puberty usually happen at once. | True | False |
| 6 | Girls should not bathe, exercise or swim during their period. | True | False |
| 7 | Periods always come on a regular schedule. | True | False |
| 8 | Everybody can tell when a girl is having her period. | True | False |
| 9 | During puberty, girls develop breasts, get their periods for the first time and grow hair under their arms and in their pubic area. | True | False |
| 10 | During puberty boys grow taller and more muscular, their voices deepen, their penis and testicles grow larger and they grow facial and body hair. | True | False |