

MY GOALS ARE S.M.A.R.T.

Name: _____

Period: _____

A strong goal is:
Specific
Measurable
Achievable
Relevant
Timely



My **SPECIFIC** Goal is:

To **ACHIEVE** my goal, I
will do these 3 things:



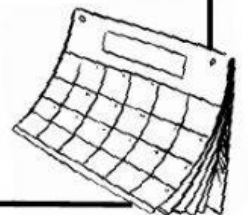
I will know I have reached my
MEASURABLE goal because:



This goal is **RELEVANT** and
important to me because:

I want to accomplish this
TIMELY goal:

- ☐ by the end of the semester
- ☐ by the end of the school year
- ☐ by this date:



S.M.A.R.T. Goals

Mid-Year Reflection

Name: _____

Period: _____



My S.M.A.R.T. Goal was to: _____



I accomplished my goal.

☐ YES

☐ NOT YET

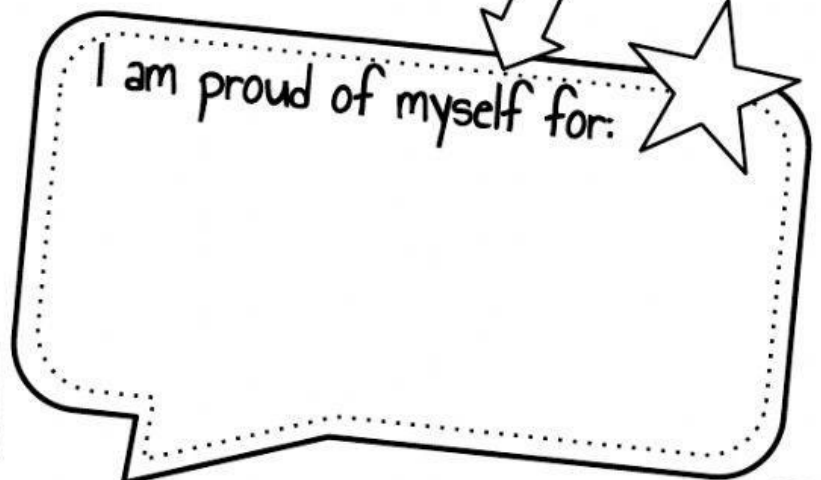


To **REACH** my goal, I will need to improve these 3 things:

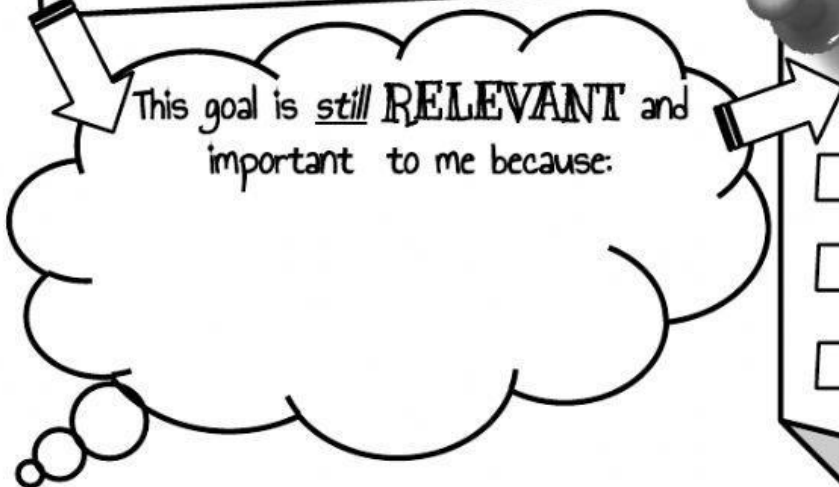
☒ _____

☒ _____

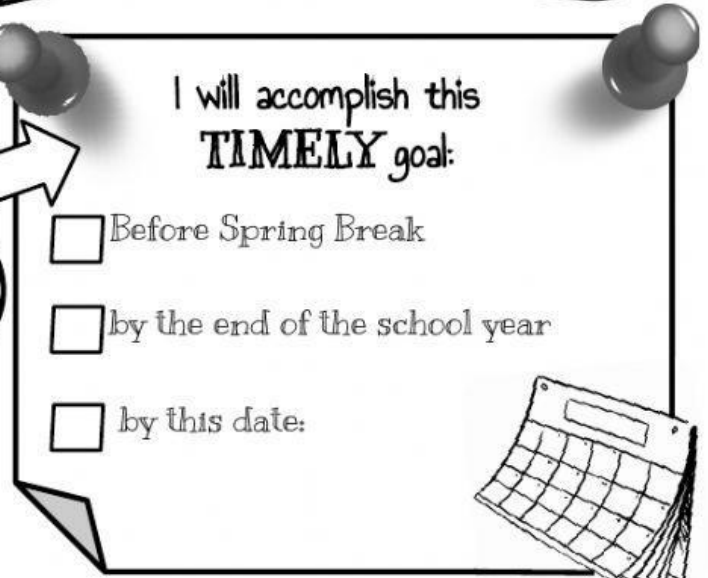
☒ _____



I am proud of myself for: _____



This goal is still **RELEVANT** and important to me because: _____



I will accomplish this **TIMELY** goal:

☐ Before Spring Break

☐ by the end of the school year

☐ by this date: _____