Name: _____

Science: Risk Factors to Our Health

Read each sentence carefully. Then select the correct answer.

1. It is important that the food we eat and the water we drink are _____.

a) cold b) hot c) safe

2. If germs get into our food, we may get _____.

a) food poisoning b) treated c) healthy

3. Food poisoning is an illness that can cause vomiting, _____ and _____.

a) germs b) diarrhea c) stomach ache

4. Food poisoning can be prevented by:

a) storing food properly

b) letting your food cool before you eat it

c) brushing your teeth after you eat

5. Select the picture that shows what can be done to unsafe water.

Read each sentence. Select true or false.

6. We should wash our hands sometimes before we eat.

True False

7. Food should be cooked properly before we eat it.

True False

8. Fruits and vegetables should be washed before eaten.

True False

9. Using unclean toilets and not cleaning up after yourself is good sanitation.

True False