

I. DRAG AND DROP:

SMALL

6MONTHS TO 3YEARS

DISEASE

ANAEMIA

AIR

IMPROPER GROWTH OF BODY

SCURVY

1. Deficiency of Proteins and Carbohydrates, in the diet of a small child can lead to \_\_\_\_\_
2. Germs of common cold spread through \_\_\_\_\_
3. A person having swollen and bleeding gums, might be suffering from \_\_\_\_\_
4. Hemoglobin content becomes less when a person is suffering from \_\_\_\_\_
5. A \_\_\_\_\_ is any defect or abnormality found in the body.
6. The children in the age group of \_\_\_\_\_, often, suffer from Protein-carbohydrate deficiency disease.
7. Minerals are present in \_\_\_\_\_ amounts in our body.

II. TRUE OR FALSE: DRAG AND DROP:

TRUE

FALSE

TRUE

FALSE

TRUE

FALSE

FALSE

8. We can eat more than the required quantity. \_\_\_\_\_
9. Vinegar is used as preservative. \_\_\_\_\_
10. We may eat spoiled food rather than wasting it. \_\_\_\_\_
11. Disease is a complete physical and mental well being. \_\_\_\_\_
12. In the healthy eating pyramid more priority is given to fats, salt and sugar. \_\_\_\_\_