

MY resolutions
might include: TICK

- Eating healthier food ☐
- Doing homework on time ☐
- Keeping your room clean ☐
- Remembering to reduce, reuse, and recycle ☐
- Treating others well, and being pleasant more often ☐
- Saving money ☐
- Exercising more ☐
- Practicing a musical instrument ☐



**Note: If you already do something well, that is wonderful, and would not be for a resolution. A resolution is made for something that needs to be improved.*