

1. Listen, drag and drop the activities to the persons.

Aaron



exercises **every day** **usually** watches TV.

gets up early **every day**.

does weight lifting **three times a week**.

hardly ever exercises.

always runs on the treadmill.

is a real couch potato.

Riley



2. Listen, complete the sentences and put in order the **ADVERBS OF FREQUENCY**.

three times a year. often. much. Usually
every day. twice a month. once a week. often

Sometimes sometimes hardly ever
never ever often

a) How _____ do you exercise?

I run on the treadmill _____

I go jogging _____

I play soccer _____

I swim about _____

I don't exercise very _____

I don't exercise very _____

_____ I exercise before class.

b) Do you _____ watch TV in the evening?

Yes, I _____ watch TV after dinner.

I _____ watch TV before bed.

_____ I watch TV before bed.

I _____ watch TV.

No, I _____ watch TV.

ADVERBS OF FREQUENCY

Never Hardly ever
Almost always Usually
Sometimes Almost never
Often Always

100%



0%

NOTE: **USUALLY** and **SOMETIMES** can begin a sentence.