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1. Roger thinks that [research / criticism / determine] does not help him improve.

2. I didn't hear my mobile phone ringing. I slept like a [span / log / researcher] last night..

3. My [ancestors / human race / standards] moved here from Ireland over a hundred years ago.

4. We had a(n) [early bird / human race / time span] in mind within which we wanted to renovate the house.

5. He is a(n) [early bird / rise and shine / night owl]. He can't study until it gets very late at night.

6. Decisions you make about your career can, in fact, [determine / criticise / keep track of] your future.

7. My son, Peter, was a(n) [ancestor / log / light sleeper] as a child and the smallest noise would wake him up.

8. Employees here are not just paid [according / researching / determined] to work experience and qualifications, but also to the quality of their work.

9. I watched the New Yorkers [against / to / vs] the Californians on TV last night.

10. Drinking water is essential for the [criticism / survival / surviving] of humans, plants and animals.

11. [Sleep like a log / Early bird / Rise and shine]! Your breakfast is on the table!

12. Ryan is a(n) [night own / early bird / researcher]. He wakes up at six in the morning every day!

13. There are no negative [side effects / criticisms / night owls] to healthy eating.

14. There is more traffic than usual this morning and now I am [running late / side effect / coming up] late for work.

15. I lived with my sister [according to / troubling / briefly] when we lived in Edinburgh.

16. I need two [pillows / owls / cycles] under my head when I sleep.

17. There is more [pillow / data / research] which provides a better picture of the situation.

18. Frank always [sleeps in / cycles / sleeps like a log] on Saturdays, because he doesn't have to go to work.

19. The night before the exam I was so stressed, that I was [researching / tossing and turning / surviving] in my bed until 3 o'clock in the morning.

20. Tim stayed [awake / cycling / according to] all night to finish his assignment.