

Good Health - Opening Pages p. 48-49

1. health \_\_\_\_\_
2. To be healthy \_\_\_\_\_ =/= to be unhealthy \_\_\_\_\_
3. food \_\_\_\_\_ to feed (fed) \_\_\_\_\_
4. a benefit = an advantage \_\_\_\_\_
5. a disadvantage \_\_\_\_\_
6. an exercise \_\_\_\_\_ to exercise (exercised) \_\_\_\_\_
7. to happen (happened) \_\_\_\_\_
8. in the past \_\_\_\_\_
9. to talk about (talked about) \_\_\_\_\_
10. fitness \_\_\_\_\_
11. to be fit (was / were fit) \_\_\_\_\_
12. to read (read) \_\_\_\_\_
13. to describe (described) \_\_\_\_\_  
a description \_\_\_\_\_
14. a main character \_\_\_\_\_
15. below \_\_\_\_\_ =/= above \_\_\_\_\_
16. a food pyramid \_\_\_\_\_
17. an activity \_\_\_\_\_, activities \_\_\_\_\_
18. an activities pyramid \_\_\_\_\_
19. a few hours a week - \_\_\_\_\_
20. once a week - \_\_\_\_\_ twice a week - \_\_\_\_\_ 3 times a week - \_\_\_\_\_
21. the most \_\_\_\_\_ =/= the least \_\_\_\_\_
22. to have in common (had in common) \_\_\_\_\_
23. fruits \_\_\_\_\_
24. vegetables \_\_\_\_\_
25. oils \_\_\_\_\_
26. milk \_\_\_\_\_
27. grains \_\_\_\_\_
28. beans \_\_\_\_\_

## Food

1. bread \_\_\_\_\_, a slice of bread \_\_\_\_\_
2. broccoli \_\_\_\_\_
3. cheese \_\_\_\_\_, a piece of cheese \_\_\_\_\_
4. meat \_\_\_\_\_
5. nuts \_\_\_\_\_
6. a peach \_\_\_\_\_
7. a plum \_\_\_\_\_
8. a cucumber \_\_\_\_\_
9. a carrot \_\_\_\_\_
10. an onion \_\_\_\_\_
11. a mushroom \_\_\_\_\_
12. a tomato \_\_\_\_\_, tomatoes \_\_\_\_\_
13. a potato \_\_\_\_\_, potatoes \_\_\_\_\_
14. a category - \_\_\_\_\_
15. 19. to match - \_\_\_\_\_ a match - \_\_\_\_\_  
\_\_\_\_\_
16. Would you like...? - \_\_\_\_\_
17. What would you like? \_\_\_\_\_
18. I'd like..... - \_\_\_\_\_
19. French fries - \_\_\_\_\_
20. How much is that? \_\_\_\_\_
21. Here you are. - \_\_\_\_\_
22. Enjoy your meal - \_\_\_\_\_
23. Do you want.....? - \_\_\_\_\_
24. What do you want? - \_\_\_\_\_