Mandal Parishad Upper Primary School
Angadikistapur
Markook Mandal, Siddipet District

NATIONAL MEANS CUM MERIT SCHOLARSHIP TEST

PART - II BIOLOGY LIVE WORKSHEET BS 1

1. FOOD COMPONENTS

1). Presence of Starch is tested by using ( )
1) Iodine 2) Calcium
3) Iron 4) Sodium

2). Dilute Iodine appears in..... Colour ( )
1) light yellow 2) Blue
3) Pink 4) Green

3). in iodine test Starch converts into..... colour ( )
1) Light yellow 2) Blue
3) Pink 4) Green

4). which of the following diseases is cured by food ( )
1) Scurvy 2) Malaria
3) Fever 4) Heart enlarge

5). To avoid constipation, which type of food do you prefer ( )
1) Junk food 2) Cakes
3) Roughages 4) Oil food

6). This contains more water. ( )
1) Brinjal 2) Onion
3) Melons 4) Lady's finger

7). This help the food to move easily in the digestive tract ( )
1) Milk 2) Curd
3) Oils 4) Water

8). Paper translucent test is used for ( )

1) Carbohydrates 2) Fats

3) Proteins 4) Minerals.

9) in the Proteins test we use ( )

1) 2% copper sulphate 2) 10% sodium hydroxide

3) 2% copper oxide. 4) Both 1and 2.

10). Scurvy is cured by eating. ( )

1) fresh fruits 2) meat

3) egg 4) rice

11). Fibers are the sources from ( )

1) Rice 2) Pulses

3) Vegetables & fruits 4) Salts

12).one man suffering from constipation:which component is less in his food? ( )

1) carbohydrates 2) proteins

3) fats 4) roughages

13). This food causes damages to our digestive system ( )

1) junk food 2) staple food

3) Readymade food 4) salads

14). The founder of modern science of nutrition was ( )

1) Franklin 2) Lind

3) Lavoisier 4) Jenner

15). "Scurvy" Was discovered by ( )

1) Lind 2) Lavoisier

3) Jenner 4) J.C.Bose

16). if you want to keep good health, which type of food do you avoid eating ( )

1. Dry fruits 2. Junk food

3. Roughages 4. Green salads

17). in 1752, James Linds found that..... disease can be cured by eating fresh fruits and Vegetables ( )

1. Scurvy 2. Beri beri
3. Amoebiasis 4. Marasmus

18). identify the food component that should be consumed sparingly ( )

1. Cereals 2. Pulses
3. Ghee 4. Oil

19). which of the following the richest source of roughages ( )

1. Milk 2. Fish
3. Curd 4. Leafy vegetables

20). Which of the following avoids constipation ( )

1. Proteins 2. Fibers
3. Carbohydrates 4. Salts