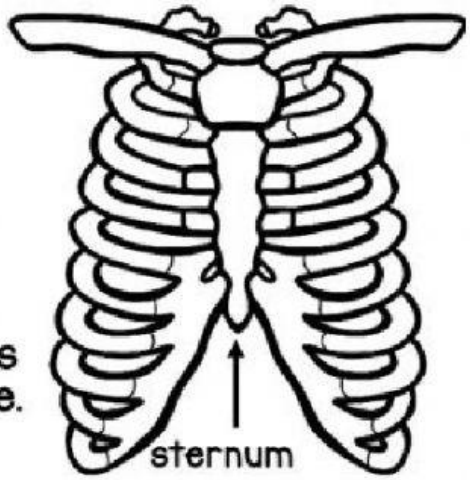
The Ribs

The ribs protect your heart, lungs, and liver. They are in the chest. Most people have 24 curved rib bones, 12 on each side. Some people may have more. All pairs of ribs are attached to the back of the spine. The sternum is located at the front of your chest. The first seven pairs of ribs connect to the front to the sternum.

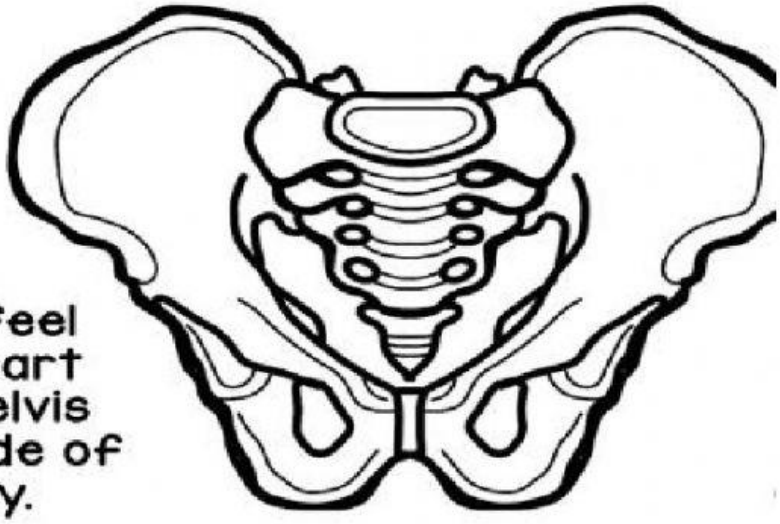
The sternum helps form the rib cage.



THE RIBS PROTECT YOUR _____, _____, _____. THEY ARE IN THE _____ MOST PEOPLE HAVE _____, 12 ON EACH SIDE. ALL PAIRS OF RIBS ARE ATTACHED TO THE _____. THE FIRST SEVEN PAIRS OF RIBS CONNECT TO THE FRONT TO THE _____.

The Pelvis

The pelvis protects the digestive and reproductive organs. This bowl-shaped bone supports the spine. The middle part of the pelvis is the bone that you sit on. The lower part of the pelvis is below your tailbone. Many large nerves and blood vessels pass through the pelvis to the legs.



You can feel the top part of the pelvis on the side of your body.

THE PELVIS PROTECTS THE _____ AND THE _____ ORGANS. IT SUPPORTS THE _____. THE _____ PART OF THE PELVIS IS THE PART THAT YOU SIT ON. THE LOWER PART OF THE PELVIS IS BELOW THE TAILBONE. MANY LARGE _____ AND _____ _____ PASS THROUGH THE PELVIS TO THE LEGS.

The Legs

Your legs are large and strong to help support the weight of your body. The bone that goes from your pelvis to your knee is call the femur. It is the longest bone in your body. The tibia and fibula are below the knee. The lower leg bones connect to a foot bone at the ankle. The main part of the foot has five bones. There are 52 bones in both feet and ankles. Your feet help you to stay balanced and upright.

YOUR LEGS ARE STONG TO HELP SUPPORT YOUR BODY.

THE LARGEST BONE IN YOUR BODY IS THE _____ IT GOES FROM YOUR PELVIS TO YOUR KNEE. BELOW THE KNEE OS THE _____ AND THE _____. THE LOWER LEGS CONNECT TO THE FOOT BONE AT THE ANKLE. THE MAIN PART OF THE FOOT HAS FIVE BONES THERE ARE ____ BONES IN BOTH _____ AND THEY HELP YOU STAY BALANCED AND UPRIGHT.

The Arms

Each arm is attached to your shoulder blade or scapula. The arm is made up of three bones. The bone in the upper arm above the elbow is the humerus. The radius and ulna are below the elbow, in the lower limb.
At the end of the lower arm are eight small bones that make up the wrist. Each hand has 27 bones. That is a total of 54 bones. That's one-quarter of the total of bones in your body.

EACH ARM IS ATTACHED TO YOUR _____ _____ OR _____. THE ARM IS MADE UP OF THREE BONES. THE BONE IN THE UPPER ARM ABOVE THE ELBOW IS CALLED THE _____. THE _____ AND _____ ARE BELOW THE ELBOW.

AT THE END OF THE LOWER ARM ARE EIGHT SMALL BONES THAT MAKE UP THE _____.EACH HAND HAS _____ BONES. THAT IS A TOTAL OF ____ BONES.

Name _____

Fill in the blanks with the correct word.

1. The _____ is the longest bone in the body.
2. The _____ make up one-quarter of the total amount of bones in your body.
3. The only bone in your skull that can move is the _____.
4. If your body doesn't have enough _____, it will take it from your bones.
5. Red bone marrow makes _____ and yellow bone marrow is mostly _____.
6. The smallest bone in your body is in your _____.

Bonus: What is your scapula? _____