Cycle 10

QUIZ 1

GRAMMAR

1 Underline the correct word(s).

1 Do your children eat a **little / lot of / many** sweets?
2 There's too **much / few / many** salt in this soup.
3 He usually has a **few / little / enough** sugar in his coffee.
4 We have **too many / too / too much** money. We can't spend it!
5 Can I have **much / many / a few** of your fries?
6 These pants aren't big **too / enough / very**.

2 Complete the sentences with the correct word or phrase.

1 Suzi works _____ Dan. Dan takes too many breaks!
as hard as more hard than harder than
2 My shoes were _____ than yours. I got mine on sale.
As expensive as less expensive the most expensive
3 This test isn't _____ difficult as last week's test.
as more too
4 I drive _____ than my father.
The most careful more carefully as carefully as
5 Our office is _____ this month than it was last month.
busier more busy the busiest
6 Jason dances _____ than Franz.
badder worser worse
7 The Red Sox didn't play _____ the Yankees last night.
well than as well as so good than

3 Write the superlative form of the adjective in brackets.

1 Who's _____ (good) teacher you've ever had?
2 Alan's _____ (friendly) boy I know. He talks to everybody!
3 Is Russia _____ (big) country in the world?
4 This is _____ (exciting) game I've ever played. I can't stop playing it!
5 _____ (far) we've ever been is Hong Kong.
6 It was _____ (bad) movie I've ever seen. It was terrible!

7 They stayed at _____ (expensive) hotel in town.

VOCABULARY

4 Complete the sentences with the correct word.

1 Istanbul is an old city with lots of _____ buildings.
modern interesting noisy

2 There's a _____ of Nelson Mandela outside the town hall.
statue mosque cathedral

3 I usually buy fruit at the _____ because it's cheaper.
palace church market

4 This is the _____ where the Queen lives.
temple town hall palace

5 My town has a _____ of around 150,000.
department store population coast

6 Seoul is a big city _____ the Han River.
on in over

7 There's a lot of traffic in Mexico City, so it's very _____.
clean safe polluted

8 Not many people go to the beach in winter. It's usually completely _____.
empty crowded noisy

5 Complete the sentences with the correct word or phrase.

take	on time	save	~~spend~~	waste	hurry

Example: How much time do you *spend* watching TV?

1 We can _____ time if we take the freeway. It's much quicker.
2 Don't _____ your time on computer games! Do something more useful!
3 He's always in a _____. He never has time to relax.
4 Don't be late. Try to arrive _____.
5 How long does it _____ you to do your homework?

6 Underline the correct word.

1 Too much sunbathing is bad for your **bones / skin / feet**.
2 Playing computer games can stimulate your **brain / time / activity**.
3 Drinking coffee can help to **prevent / save / protect** some illnesses.
4 I have an **active / anxious / lazy** lifestyle. I run every day.

5 It's not a good idea to eat a lot of **quick / slow / fast** food.
6 She doesn't have a **healthy / bad / thin** diet. She eats lots of junk food.
7 Take some **sunlight / sunscreen / sunshine** to the beach with you.

PRONUNCIATION

7 Choose the word which does not contain the sound at the beginning of the line.

Example: / əʊ / m**o**st ph**o**ne <u>m</u>odern kn**ow**

1 / ʌ / **u**p m**o**ney m**u**ch poll**u**ted
2 / k / **c**astle **c**athedral **c**ent mos**que**
3 /aɪ / **i**llness sm**i**le w**i**ne exc**i**ting
4 / e / **e**gg mus**e**um **e**mpty h**ea**lth
5 / u /fr**ui**t f**oo**d stat**ue** g**oo**d

8 Choose the stressed syllable.

1 ex|ci|ting
2 ca|the|dral
3 pa|lace
4 in|te|res|ting
5 ro|man|tic

READING

9 Read the article about three lifestyle changes and check (✓) A, B, or C.

Changing lifestyles

Maggie, age 35

"I got skin cancer last year. It was very frightening. I'm better now, but I realized I needed to change my lifestyle. You see, I loved the sun. Every vacation, I went to the beach and spent too long in the sun. I didn't wear sunscreen. I didn't visit the sights like the other tourists. I wasn't interested. I just spent my time at the beach. When I go on vacation now, I spend more time at museums and art galleries. It's safer and more interesting."

Vincent, age 31

"I was a doctor and I loved my job. But I worked too much. And that's unhealthy. I had no time for my family or friends. I wasn't getting enough sleep and I wasn't getting enough exercise. I felt irritable and stressed. I needed to slow down and change my lifestyle. So I decided to work four days a week, not seven! Now I spend much more time with my children. I sleep better and I play more sports. I have slowed down and I feel happier."

Clare, age 24

"I work in a department store in the capital city. This city has the best restaurants I've ever been to. It has the best-dressed people I've ever seen. And it has the most expensive stores. So, although I like my job, I don't have enough money to live here! Before, I spent too much money on things I didn't really need. I've changed my habits now. I try to eat at home, not in restaurants. I don't try to look like the people who come into the department store. And I don't go into the expensive stores. I'm much less frustrated now!"

Example: When Maggie went on vacation, she spent too long _____.

A at art galleries ☐ B at museums ☐ C in the sun ☑

1 On vacation, Maggie didn't put on _____.

A sunglasses ☐ B sunscreen ☐ C a sunhat ☐

2 She wasn't interested in _____.

A sightseeing ☐ B lying in the sun ☐ C going to the beach ☐

3 When she goes on holiday now, she goes to _____.

A the stores ☐ B the cafés ☐ C museums and art galleries ☐

4 Vincent worked too much and didn't have enough time _____.

A to do the housework ☐ B to play golf ☐ C for his family and friends ☐

5 He felt _____ and not at all relaxed.

A lonely ☐ B impatient ☐ C bored ☐

6 He decided to stop working seven days a week and only work _____.

A four ☐ B three ☐ C two ☐

7 Before, Clare bought _____.

A expensive clothes ☐ B things she didn't need ☐

C presents for her friends ☐

8 Now, she doesn't go into the _____.

A department store ☐ B city ☐ C expensive shops ☐

9 She is happier with her life because she _____.

A has changed the way she lives ☐ B eats in nice restaurants ☐

C earns more money ☐

2 Write *M* for Maggie, *V* for Vincent, or *C* for Clare.

Example: I needed to slow down. *V*

1 I have a safer lifestyle now. _____

2 I have a job in a department store. _____

3 I have more time for my children now. _____

4 I don't have enough money to live in this city. _____

5 I spent every vacation at the beach. _____

6 I wasn't sleeping enough. _____

WRITING

Write a short article about your lifestyle. Answer these questions. (100–150 words)

- Do you have a healthy lifestyle? Why (not)?
- Do you play / get enough sports / exercise? What do you do?
- Do you eat enough healthy food? What do you eat?
- Do you work too much / study too hard? How many hours a day do you spend working / studying?

LISTENING

1 Listen to the conversation about Edinburgh and Havana. Fill in the gaps with *E* (for Edinburgh) or *H* (for Havana).

1 _____'s architecture is more interesting than _____'s.
2 The buildings in _____ are more modern than the buildings in _____.
3 _____ isn't as romantic as _____.
4 The nightlife in _____ is better than the nightlife in _____.
5 The people in _____ aren't as friendly as the people in _____.

2 Listen to the radio show. Match the speakers with what they think of their town (A–G). There are two answers you don't need.

In conversation 1, Jim thinks his town is _____.
In conversation 2, Sandra thinks her town is _____.
In conversation 3, Dave thinks his town is _____.
In conversation 4, Jess thinks her town is _____.
In conversation 5, Simon thinks his town is _____.

A too quiet
B too noisy
C too dangerous
D too dirty
E too traditional
F too crowded
G too boring