

It didn't hurt!

hypnotist

alex lenkei

1 In 2008, Alex Lenkei had
problem with the bone in his arm
he needed a serious operation.
Normally, with an operation like
5 that, the doctor gives the patient an
anaesthetic that he or she doesn't
feel any pain. But Lenkei refused the
anaesthetic. Instead, he hypnotised
himself and simply told that
10 he could not feel any pain. That
took about thirty seconds. Then the
operation started. According to Mr
Lenkei, pain signals do not reach his
brain when he hypnotised.

2 The doctor, David Llewellyn-Clerk,
was bit worried. He had to take some
bone from Lenkei's arm. He watched
Lenkei carefully during operation, as
he wasn't sure that Lenkei could feel
20 pain. 'I didn't think Mr Lenkei could hear
,', said Dr Llewellyn-Clerk, 'but half way
through the operation, he said "How's it
going?"' That's when the doctor
realised that Lenkei was not
25 pain. The operation
lasted 83 minutes.

3 Mr Lenkei started hypnotising
people he was sixteen
and is now an expert. It wasn't
30 first operation without
anaesthetic. In 1996, a friend
hypnotised before a thirty-
minute operation on his stomach.
Both operations successful,
35 so Lenkei had third operation
without anaesthetic. In 2013, this
time on his ankle, which also
went well.

