FCE Reading & Use of English PART 1

Breastfeeding Exercise

Breastfeeding in public is no longer a (1) _____ sight in Britain and the U.S. An editor for Mother & Baby Magazine (2) _____ to breastfeeding as 'creepy' and bottle-fed her baby from birth because she said she wanted her body back. TV star Denise Van Outen (3) _____ up breastfeeding after less than a month because she felt (4) _____ breastfeeding in public.

On the other hand, supermodel Gisele Bundchen declared that mothers should breastfeed their babies for the first six months by law. Bundchen received a lot of criticism for her remarks and was forced to (5) _____. Her (6) _____ was to draw attention to a serious situation but it quickly became apparent that her views are (7) _____ those of other Western mothers.

The editor and the TV star little suspect the long term suffering their views could have. Indeed, the medical facts about breastfeeding are generally (8) _____ with disbelief. Mother's milk supplies baby with antibodies, perfect nutrition and immune system boosters, protecting baby from allergies, asthma, diabetes, ear and respiratory infections and gastroenteritis. Breastfeeding has a slimming effect on mothers and reduces the risk of breast cancer.

Professor Emmanouil Galankis has proven that these (9) _____ are lost if breastfed babies are also given baby formula. The British Department of Health (10) _____ exclusive breastfeeding for the first six months because bottle-fed babies face dangers breastfed babies do not.

(11) _____ the fact that only 1% of women cannot breastfeed for medical reasons, 20% of mothers never breastfeed, Even worse, at 6 months only 1 in 5 are breastfeeding. These facts (12) _____ important questions about why paediatricians are not being more successful in encouraging mothers to breastfeed.

LIVEWORKSHEETS

1	A	common	B	frequent	C	typical	D	usual
2	A	declared	B	described	C	referred	D	stated
3	A	broke	B	gave	C	got	D	turned
4	A	different	B	inconvenient	C	pregnant	D	uncomfortable
5	A	back down	B	break down	C	run down	D	turn down
6	A	aim	B	direction	C	search	D	view
7	A	different	B	distinct	C	similar	D	unlike
8	A	accepted	B	found	C	met	D	seen
9	A	benefits	B	disadvantages	C	gains	D	profits
10	A	recalls	B	recommends	C	remembers	D	reminds
11	A	Although	B	As long as	C	Despite	D	Unless
12	A	do	B	make	C	raise	D	turn

LIVEWORKSHEETS