

Tiger Team 3 UNIT 3 Workouts

1) Watch the video and put the numbers

- | | | |
|--|---|---|
| ☐ Turn around | ☐ Walk on the spot | ☐ Tap your legs |
| ☐ Thumbs to the right | ☐ Touch your toes | ☐ Roll your arms |
| ☐ Stretch | ☐ Tap your fists | ☐ Thumbs to the left |

2) Choose the correct answer

