

# INSIDE THE MIND OF A MASTER PROCRASTINATOR

Complete the sentences: Use the following words and words phrases: **into account, anxiety, thesis, stay up, all-nighters, consequence, perplexed, for the sake of**

Then came my 90-page senior \_\_\_\_\_, a paper you're supposed to spend a year on. I woke up with three days until the deadline and so I did the only thing I could: I wrote 90 pages over 72 hours, pulling not one but two \_\_\_\_\_. My behaviour has always \_\_\_\_\_ the non-procrastinators around me, and I wanted to explain to the non-procrastinators of the world what goes on in the heads of procrastinators, and why we are the way we are.

The Rational Decision-Maker gives us the ability to do things no other animal can do. We can visualize the future. We can see the big picture. We can make long-term plans. And he wants to take all of that

Sometimes it makes much more sense to be doing things that are harder and less pleasant, the big picture.

The fun you have in the Dark Playground isn't actually fun, because it's completely unearned, and the air is filled with guilt, dread, \_\_\_\_\_, self-hatred - all of those good procrastinator feelings.

The Panic Monster is dormant most of the time, but he suddenly wakes up anytime a deadline gets too close or there's danger of public embarrassment, a career disaster or some other scary \_\_\_\_\_.

Now, the Panic Monster explains all kinds of pretty insane procrastinator behavior, like how someone like me could spend two weeks unable to start the opening sentence of a paper, and then miraculously find the unbelievable work ethic to \_\_\_\_\_ all night and write eighty pages.

