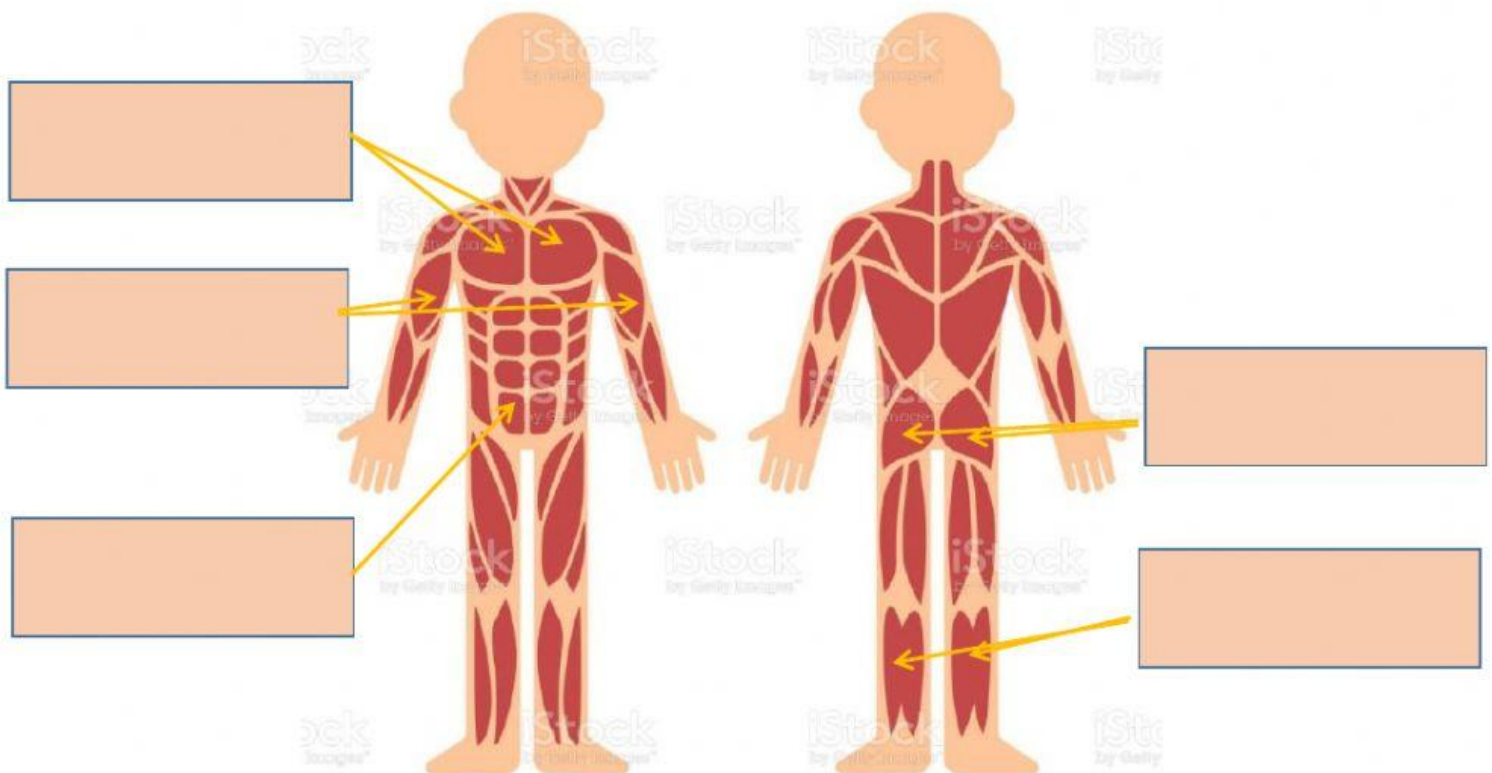


1. Drag and drop the following muscles:

Abdominals	Gluteus Muscles	Pectorals
Calf Muscles	Biceps	

Front Body

Back Body



Remember:

Muscles are **soft** and **flexible**. Muscles move us move. They are connected to our bones.

2. Drag and drop the following joints:

Hip	Wrist	Neck	Jaw
Shoulder	Elbow	Ankle	Knee

The joints



Remember:

Joints connect bones. With our **joints**:

- we can move and bend our skeleton.
- Our muscles can contract and relax.

