

Name:

Date:

Social Skills: Problem and Solution

Directions: Match the situation cards.

Problem

You do not want to do any schoolwork. You feel silly, lazy, and tired.

It is time for gym, but you do not want to go. Your teacher tells you that you have to go to gym class.

You did not earn choice today.

Another kid in class is making loud noises. You want him to stop.

You are in a math group, but another student is trying to talk to you. You know you are supposed to be listening to the teacher, but you also want to talk to your friend.

Solution

Tell them I need to listen right now; I can talk to you later.

Go to class and try your best.

Ask him will you please be quiet?

Accept the consequence and follow directions. You can try to earn it tomorrow.

Remember to follow directions and try to do your work. Ask for a break after you do your work.