1. Read and circle TRUE or FALSE.

I like sport. I play tennis every weekend and I watch tennis matches on TV every time there is one! I also play basketball on Fridays. I am not very good so I am learning with a trainer. Right now I am looking for information about famous players on the internet. My sister doesn't like sport. Every weekend she stays at home and watches TV! At the moment she is helping our dad cook dinner in the kitchen.

a. I play tennis every Saturday and Sunday.	TRUE	FALSE
b. I'm playing tennis now.	TRUE	FALSE
c. I play basketball every day.	TRUE	FALSE
d. I'm using the computer now.	TRUE	FALSE
e. My sister is watching TV now.	TRUE	FALSE

2. Put the verbs in the Present Simple.

a. Martin _____ (wash) his car every Sunday.
b. We sometimes _____ (eat) fish for dinner.
c. You _____ (not watch) TV in the pub.
d. My grandad _____ (smoke) a pipe.
e. She _____ (visit) her uncle at the weekend.
f. That woman _____ (not like) football.
g. _____ you _____ (speak) French?
h. _____ William _____ (wear) glasses?

3. Put the verbs in the Present Continuous.

a. Look! The bus _____ (come).
b. Christine _____ (travel) by bus.
c. We _____ (have) a party.
d. My mother _____ (cook) lunch.
e. It _____ (snow) at the moment.
f. The kids _____ (sing) a song.
g. _____ you _____ (bake) cookies? It smells delicious!
h. _____ he _____ (do) his homework?

4. Complete the sentences with the words below:

helmet / daily / lonely / diary / alone / goggles / wetsuit / yoga / party / tired

1 I always wear _____ when I swim.
2 My mum does _____ to help her relax.
3 I am having a big _____ for my birthday.
4 I never feel _____ when my parents are away.
5 I always wear a _____ when I go cycling.
6 They all felt very _____ after the marathon.
7 It's a good idea to wear a _____ when diving in cold water.
8 She likes listening to the radio when she is _____ in the house.
9 I write the times and dates of football matches in my _____.
10 My _____ routine is always the same - I do the same things every day.