

Money Management Self Assessment

NAME:

DATE:

Directions:

Use the following scale to assess your money management skills. Perform this self-assessment at least once a year.

5=Always 4=Usually 3=Sometimes 2=Occasionally 1=Never

1.	I conduct a personal values and spending analysis once a year.		
2.	I created a realistic spending plan based on personal values and spending analysis and adjust it yearly, if needed.		
3.	I put at least 10 percent of what I earn into a savings account. (PYF)		
4.	I have a savings account in my name and make regular deposits.		
5.	I adjust my spending plan to match my short-term, medium-term and long-term savings goals.		
6.	My spending plan includes a line item for emergencies and opportunities.		
7.	I balance my spending plan so expenses do not exceed income		
8.	I keep records of all of my purchases.		
9.	I track my spending to make sure I stay within my spending plan.		
10.	I compare my spending plan to my actual earned income and expenses every month.		
11.	I compare my receipts to my bank statement ("reconcile my account") to make sure there are no mistakes.		
12.	I evaluate my purchases based on my needs and not my wants.		
13.	My purchases are in line with my money values.		
14.	I always comparison shop.		
15.	I create a list when I go shopping and I stick to my list.		
16.	I avoid impulse buying.		
17.	I wait one day before committing to a purchase over \$50.		
18.	I pay my bills and return borrowed items on time to avoid unnecessary fees and penalties.		
19.	I make sure I have enough money in my account before I withdraw money, use my debit card, or write a check to avoid unnecessary fees.		
20.	(If I have a job) When I file income taxes, I only owe a small amount or receive a small refund.		
<table border="1" style="width: 100%;"> <tbody> <tr> <td style="width: 50%; text-align: center;">TOTAL SCORE</td> <td style="width: 50%; text-align: center;">ASSESSMENT DATE</td> </tr> </tbody> </table>		TOTAL SCORE	ASSESSMENT DATE
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