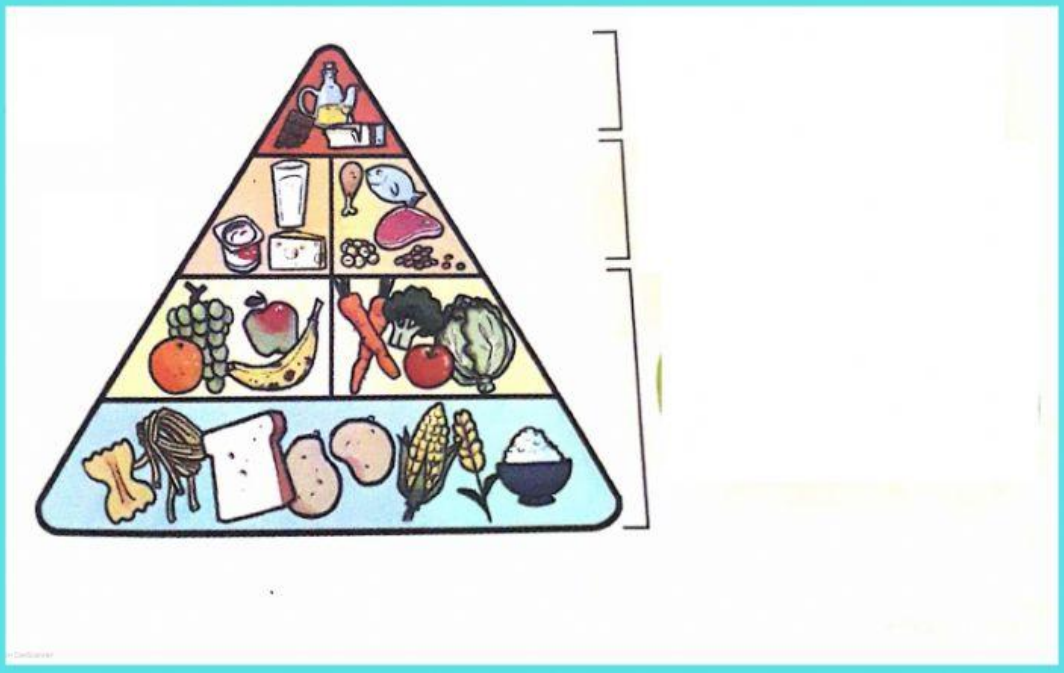
Teacher Laura

UNIT 2: FOOD AND HEALTH



We need to eat portions from the main groups of the food pyrsmid. Look and write.

several times a day once a week twice a day



Now look at the pictures and name the food groups

