



Body image

Listen to the video and answer the questions



1. What is body image?

2. There are only two types of bodies.
TRUE FALSE

3. We must always change ourselves to fit.
TRUE FALSE

4. Do the ideals change during time?

5. Give an example of an ideal of the past.



6. Boys are affected by body image.

TRUE FALSE

7. Lifting weight at early age can be dangerous.

TRUE FALSE

8. Thanks to body image, our self-esteem is very high.

TRUE FALSE

