



Week 16

English Mastery

Primary 1

The Write Tribe

UNIT 8 - PART A P.E LESSON



VOCABULARY MCQ

1. Which word below has the same meaning as, '**happy laughter**' ?
 - a. sniffles
 - b. sobbing
 - c. hoots of laughter
 - d. delightful laughter

2. Which word below has the same meaning as, '**set ablaze**' ?
 - a. douse
 - b. trickle
 - c. set on fire
 - d. drenched

3. Which word has the same meaning as '**drench with water**' ?
 - a. set ablaze
 - b. trickle
 - c. douse
 - d. drop

4. Which word has the same meaning as happy that something is over?
 - a. relieved
 - b. anxious
 - c. perplexed
 - d. irritable

5. What is the meaning of **ruin someone's special moment**?
 - a. rain on someone's parade
 - b. pee on someone's parade
 - c. shine on someone's parade
 - d. douse on someone's parade



6. Which word has the same meaning as **run around crazily**?

- a. waltz
- b. plod
- c. run amok
- d. run carefully

7. Which of the words below mean **not listening**?

- a. receive an earful
- b. fall on deaf ears
- c. eavesdropping
- d. elated

BONUS QUESTIONS

8. Which idioms below have the same meaning as **you have to work hard to get what you want?**

- a. no pain no gain
- b. let someone off the hook
- c. Make a long story short

9. Which idioms below have the same meaning as **missing a chance?**

- a. Miss the boat
- b. No pain, no gain
- c. let someone off the hook

10. Which idioms below have the same meaning as **'Letting go of someone without punishment'?**

- a. letting off the hook
- b. hang in there
- c. No pain, no gain



word/phrase	meaning
Whale of a time	
attire	
rotated	
stretched	
perspire profusely	
terminate	
exhausted	

very tired		
end	sweat a lot	extend the limbs
turn around the centre	uniform	have an enjoyable time



exhausted		
terminate	perspiring	stretched
rotated	attire	whale of a time

Hooray! It was time for Physical Education class. The students readily changed into their P.E. 1. _____. Then, they made their way to the field where they had to do a series of warm - up exercises. Firstly, they 2. _____ their arms and legs. Then, they 3. _____ their knees and ankles. Finally, they had to run two round around the track. It was so hot that all the students were 4. _____ profusely. Vera wiped her forehead! Ms. Maha, their P.E. teacher allowed them to play dodge ball. Everyone was having a 5. _____. After 15 minutes, Ms. Maha blew the whistle. The students had to 6. _____ the game and return to class. Yu Xiang was grateful as he felt extremely 7. _____ after the tiring game! Everyone had **a ball of a time!**

a ball of a time!: Enjoy oneself immensely



Let's write a short story using the pictures below.



exhausted		
terminate	perspiring	stretched
rotated	attire	whale of a time
bandaged	injury	bleeding



Let's write out a short story

1. What class was it?

Physical education class

Hooray! It was time for

2. How was everyone feeling?

enthusiastic

Everyone was feeling

3. What did everyone do?

changed

attire



4. Where did the students go to have P.E.?

school field

5. What game did the students play?

basketball

volleyball

soccer

6. How was the weather like?

scorching hot

perspiring profusely

The weather was

Everyone was



7. Then, what happened?

blew the whistle

8. What did the students do?

terminate

return to class

9. Did the students have a good time?

a whale of a time

