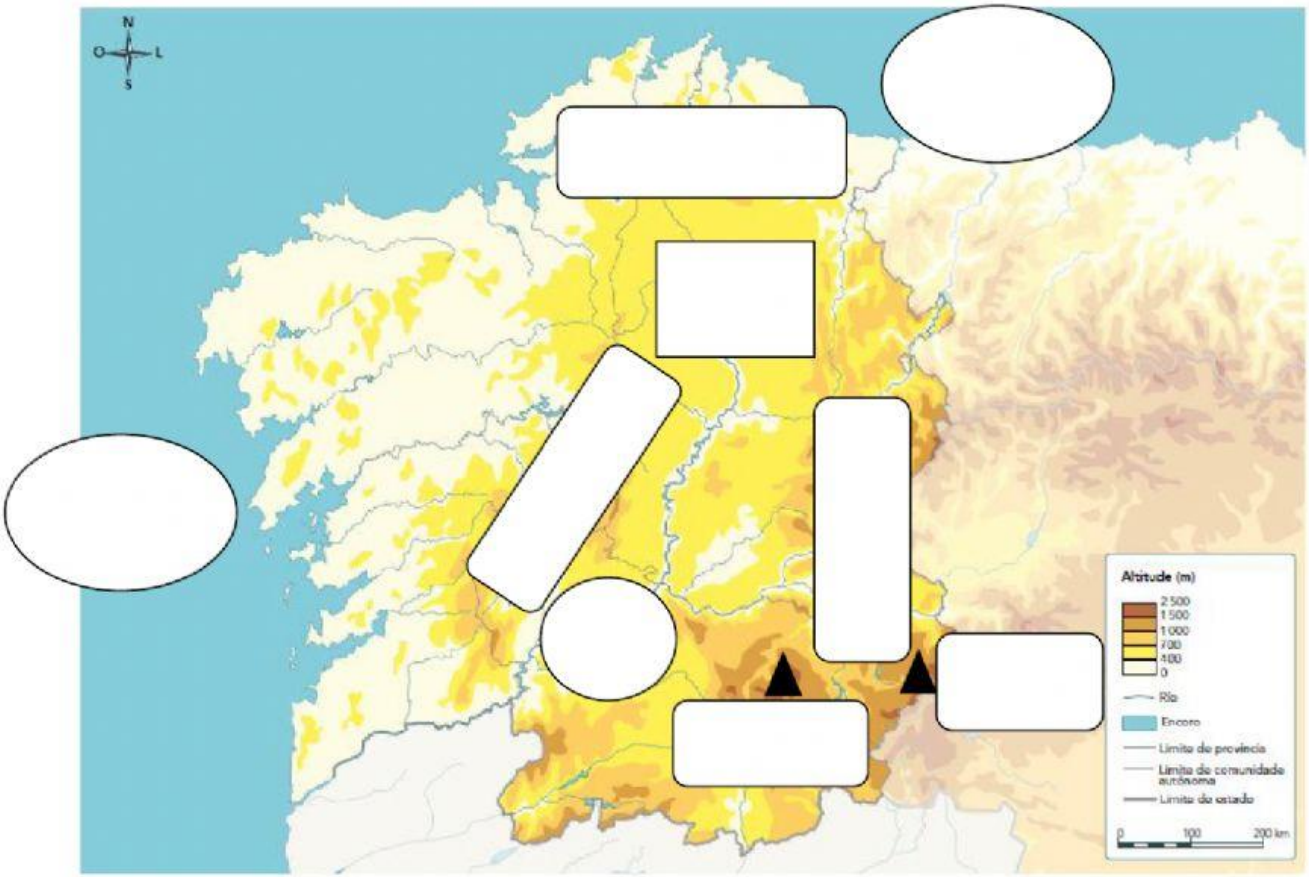O RELEVO DE GALICIA