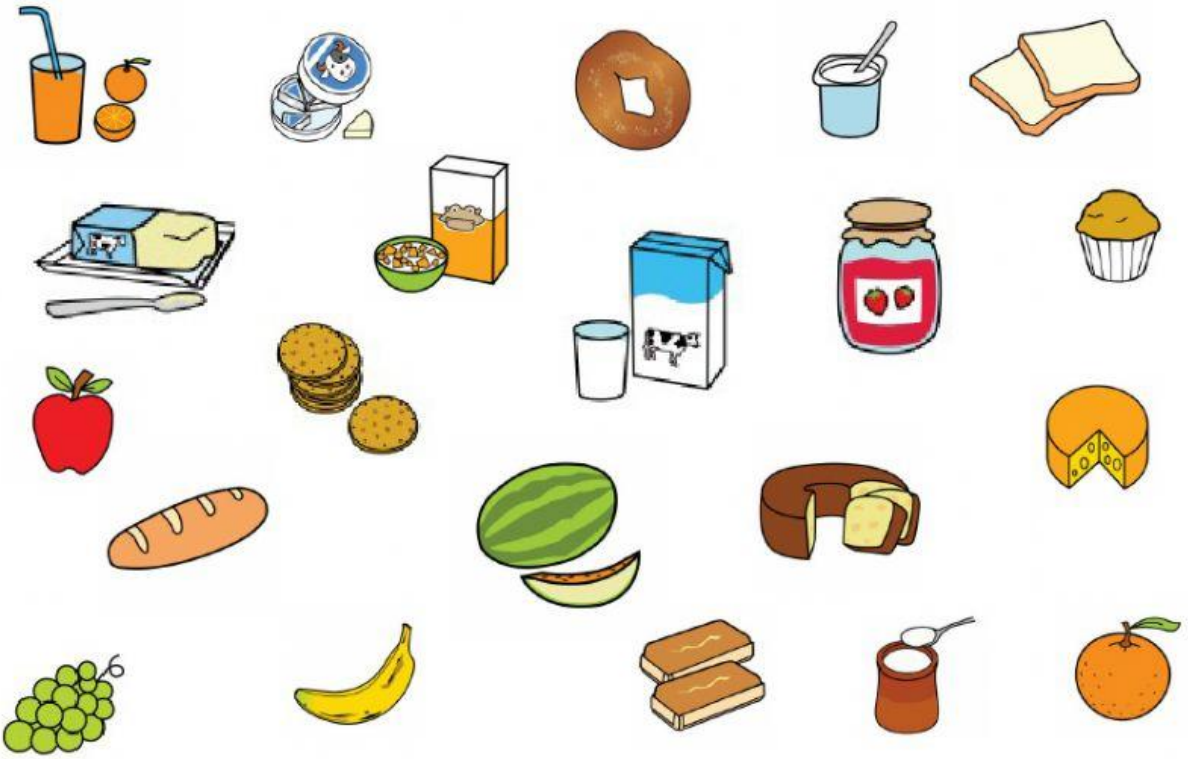
Coloca os alimentos no seu lugar

Froitas	Lácteos	Cereais