



**Week 10**

**Primary 3/4**

**The Write Tribe**

**ONLINE REVISION**

## **IDIOMS ABOUT FEAR**

| <b>word/phrase</b>                 |                                                               | <b>meaning</b>                                |
|------------------------------------|---------------------------------------------------------------|-----------------------------------------------|
| <b>afraid of one own's shadow</b>  |                                                               |                                               |
| <b>break out in cold sweat</b>     |                                                               |                                               |
| <b>bundle of nerves</b>            |                                                               |                                               |
| <b>heart lodged in one's mouth</b> |                                                               |                                               |
| <b>have the jitters</b>            |                                                               |                                               |
| <b>nerves of steel</b>             |                                                               |                                               |
| <b>a brave person</b>              | <b>the type of anxiety you get before you step on a stage</b> | <b>nervous when faced with extreme danger</b> |
| <b>a very anxious person</b>       | <b>perspire in anxiety</b>                                    | <b>someone who gets easily frightened</b>     |

## IDIOMS ABOUT FEAR

| word/phrase                          | meaning |
|--------------------------------------|---------|
| <b>gives me the heebie - jeebies</b> |         |
| <b>make your blood run cold</b>      |         |
| <b>jumped out of my skin</b>         |         |
| <b>heart skipped a beat</b>          |         |
| <b>scared out of my wits</b>         |         |
| <b>shake like a leaf</b>             |         |

|                                                         |                                                                       |                                |
|---------------------------------------------------------|-----------------------------------------------------------------------|--------------------------------|
| <b>feeling cold due to fear. Hands may turn clammy.</b> | <b>sudden fear that causes you to jump even if you didn't mean to</b> | <b>scared out of your mind</b> |
| <b>someone or some place gives you the creeps</b>       | <b>heart feels like it stopped for a moment</b>                       | <b>tremble with fear</b>       |