# Test on Unit 3. Grade 7.

**1 [1.04] Read the sentences. Then listen to the interview and choose the correct answers. (10 marks)**

1 The current world record is less than **95 / 105 / 155** days.

2 Katie cycled over **1,400 km / 1,900 km / 2,000 km** on her first long-distance cycle ride.

3 She **has achieved / hasn't achieved / achieve** her training goal of 215 km a day.

4 Katie spent **19 / 21 / 29** days cycling across France.

5 She started her Tour de Force cycle on **19 / 21 / 29** June.

6 In the Tour de Force challenge, Katie cycled **through / up / down** valleys.

7 She had to eat 6,000 calories a **day / week / month**.

8 She has **often / sometimes / never** considered giving up.

9 Katie's training has been **difficult / exhausting / terrifying** so far.

10 Katie is having a **great / horrible / boring** adventure.

**2 Match the definitions with the correct words in the box. (5 marks)**

| beach | cliff | rainforest | volcano | waves |
|---|---|---|---|---|

1 A high area of rock: _____

2 A thick tropical forest: _____

3 A mountain with a large opening at the top: _____

4 Area of sand beside the sea: _____

5 Lines of water that move across the surface of the sea or ocean: _____

**3 Complete the sentences with the correct words. (10 marks)**

1 My brother and I kayaked _____ the falls. It was terrifying!

2 He sailed a_____ the world at the age of sixteen.

3 We h_____ across the USA from Los Angeles to New York.

4 We cycled d_____ the mountain on our bikes.

5 I can't believe you _____ down from that plane!

6 She dived _____ the cliff into the lake.

7 They _____ up the mountain to the top.

8 We swam _____ the water to see the cave.

9 We're going to ski _____ the mountain.

10 Are you going to jump _____ of the plane?

**4 Order the words to make sentences. (10 marks)**

1 finished / have / just / a / Britain / we / sailing / trip / around

_____

2 just / I / have / done / my / parachute / jump / first

_____

3 had / he / has / accident / just / an

_____

4 have / just / arrived / airport / the / at / they

_____

5 has / she / just / the / broken / world / record

_____

**5 Complete the sentences with *still*, *already* or *yet*. (5 marks)**

LIVEWORKSHEETS

# Test on Unit 3. Grade 7.

1 My friend and I haven't decided where we're going on our adventure _____.

2 We've _____ bought our surfboards, so we're ready to go.

3 They _____ haven't been swimming this year.

4 I've _____ organized the transport for the trip.

5 I haven't been on a safari trip _____.

**6 Complete the sentences and questions using the present perfect continuous form of the verbs in brackets. (10 marks)**

1 He _____ (listen) to music.

2 They _____ (study) for the exam.

3 _____ you _____ (wait) long?

4 I _____ (bake) cakes today.

5 _____ he _____ (sit) in the sun?

**Looking for adventure**

Patrick Jones was twenty-seven when he set off from New York to sail around the world alone. Here are some of the entries from the diary he wrote during his journey.

***12th May***

*I left for Bermuda as planned. I've been missing home since I left. I won't see my friends and family again for many months. (And to be honest, I'm really frightened of travelling by myself.)*

***26th May***

*It's been two weeks since I started and I've just arrived in Bermuda. I got lost a couple of times on the way here, which was really worrying.*

***28th February***

*The storms and powerful seas nearly destroyed my boat this morning. For the last two months, I've also been using equipment that isn't working properly.*

***25th September***

*An enormous oil tanker almost crashed into my boat this morning. It has been one of the most terrifying days of my life.*

**7 Read the diary entries. Then complete the sentences with words from the entries. Write two words per sentence. (10 marks)**

1 Patrick Jones _____ _____ from New York to sail around the world.

2 Patrick felt _____ _____ of travelling alone.

3 Patrick _____ _____ a couple of times on the way to Bermuda.

4 The storms and _____ _____ nearly destroyed his boat on 28 February.

5 Patrick said 25 September was one of the _____ _____ days of his life.

**8 Complete the dialogue with the words in the box. (5 marks)**

| seen | luck | what | good | doing |
|---|---|---|---|---|

**A:** Hi, Emma!
**B:** Oh, hi Richard. I haven't [1] _____ you in ages.
**A:** No, I've been travelling.
**B:** Really? [2] _____ have you been up to?
**A:** I just got back from a holiday in Costa Rica.
**B:** Wow! How was it?

LIVEWORKSHEETS

# Test on Unit 3. Grade 7.

**A:** It was amazing! What about you? Have you been [3] _____ anything special?
**B:** I've been preparing to take my driving test.
**A:** Wow! Good [4] _____ with that.
**B:** Thanks! [5] _____ to see you again.

LIVEWORKSHEETS