

PRESENT SIMPLE VS PRESENT CONTINUOUS

IMPORTANT

We use **PRESENT SIMPLE** to talk about **ROUTINES**. We use words like: always, usually, sometimes, never and the hours.

I wake up at seven o'clock I always go to the gym She goes to bed at ten o'clock.

We use **PRESENT CONTINUOUS** to talk about something is happening **NOW**. We use words like: now, in this moment, right now, etc.

I am waking up now

I am going to the gym in this moment



Read each sentence, think if it is a present simple or a present continuous sentence and choose the correct.

I always go to the gym

I go swimming on Mondays and Tuesdays

I am speaking with Ana now

I go to the academy every day

She is playing golf right now

My mother goes to yoga classes one a week.

The teacher is working at the moment.

My family and I go to the beach at the weekends

Mary usually goes to school by bus.

Listen! John is playing the violin right now

They are watching TV at the moment

My brother doesn't like lentils

Uncle Tom often drives his car

My father is cooking in the kitchen

Bill isn't running now

Are you speaking right now? Yes, I am

Does Emma like tennis? No, she doesn't