

FEELINGS AND EMOTIONS

SAD 	HAPPY 	ANGRY 
ANNOYED 	BORED 	EXCITED 
CONFIDENT 	FRIGHTENED 	NERVOUS 
EMBARRASSED 	FED UP 	PROUD 

EXERCISE 1: MATCH THE WORDS



NERVOUS

SAD



EMBARRASSED



FRIGHTENED



ANNOYED



FED UP



BORED



ANGRY





CONFIDENT



PROUD



HAPPY



EXCITED