Pushing and Pulling Forces

Pushes and pulls are forces. You can make something start or stop moving when you push or pull it.

Activity

Below are some pictures of children using pushing and pulling forces. Write down **push** or **pull** in the force box. Does the force cause something to start or stop moving? In the second box write **start** or **stop**.

1. Force:

Start or Stop?



2. Force:

Start or Stop?



3. Force:

Start or Stop?



4. Force:

Start or Stop?



5. Force:

Start or Stop?



When you kick a football, what type of force do you use? Can you describe other sports or activities that involve pushing or pulling?



LIVEWORKSHEETS