

Breakfast time: Kids and their breakfast!

1. Lucy and her friends are talking about their breakfast time. Read and decide if the statements are true (T) or false (F):

I eat cornflakes with milk and sugar for breakfast. I love sugar on my cornflakes. Mum says a lot of sugar is not good for my teeth. When she isn't watching I sometimes put lots of sugar on my cornflakes. (Lucy)



I usually have muesli with nuts, milk and honey. And I always have a glass of juice for breakfast. My favourite is apple juice, but we mostly have orange juice, because all the others in my family like orange juice. (Andrew)

I eat toast with butter and jam. I love strawberry jam. When I have a lot of time, I eat ham and eggs too. Oh, and I drink tea in the morning - with milk, like English do, but no sugar. I think a good breakfast is important for you. (Betty)



I eat some toast and baked beans or sausages for breakfast and I always drink hot chocolate in the morning. Sometimes I have three cups of hot chocolate. I know that's not good for my body and health. But I love chocolate! (Andy)

- Lucy loves sugar on her cornflakes. T
- Too much sugar isn't good for your teeth.
- Andrew's favourite juice is orange juice.
- Betty says a good breakfast is important for everybody.
- English drink tea with milk.
- Andy sometimes drinks hot chocolate in the morning.

2. Read the following text about a typical American and English breakfast

During the week, breakfast usually consists of cereal and/or toast with orange juice, hot chocolate, coffee or milk, but at weekends, there's more time to enjoy in an **American-style breakfast**: bagels with cream cheese, pancakes with maple syrup, waffles or muffins. You can also enjoy a cooked breakfast with bacon, eggs, sausages, fresh fruits, toast or hash browns.



The **English** usually have coffee or tea with some toast, butter and jam. In addition to this, at weekends, they often have scrambled eggs, tomatoes, baked beans, mushrooms and bacon. If you travel to Scotland or Ireland you can also ask for some porridge and black or white pudding. However, you will never see typical French bread!

a) Find the words corresponding to the pictures in the text and write them under the right picture.



b) Match the pictures with the words.



cream cheese bagels

scrambled eggs

waffles

toast with butter and jam

porridge

