



PERÚ

Ministerio
de Educación

APRENDO
en casa
Educación Primaria

English: Level Pre-A1

WEEK 4

My foods and drinks

Activity 1: My Superfoods



KEY WORDS



people



market



grow



mom



buy



food

LET'S WARM UP! Match the words with the pictures. Follow the example.

Example:



1. granadilla 2. maca 3. sweet potato 4. quinoa 5. purple corn



LET'S OBSERVE AND READ!

Look and complete. Write your answers in your notebook. Follow the example.

Listen and repeat.

Superfoods

1 potatoes

2 maca

3 avocado

4 soursop (Example)

5 spinach

6 sweet potato

7 quinoa

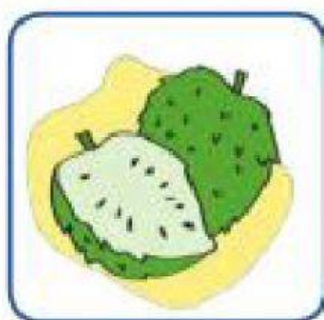
8 broccoli

9 olives

10 granadilla

11 papaya

12 tangerine



soursop

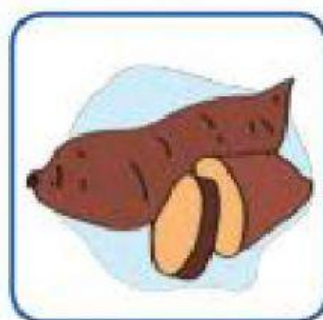
(Example)



1. b _ _ _ _ _



2. o _ _ _ _



3. s _ _ _ p _ _ _



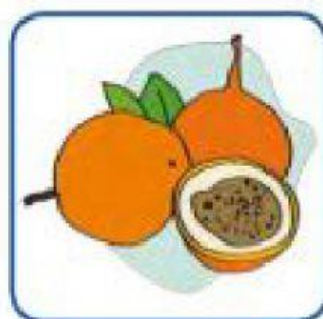
4. q _ _ _ _



5. p _ _ _ _



6. t _ _ _ _



7. g _ _ _ _



8. m _ _ _ _



9. s _ _ _ _



10. p _ _ _ _



11. a _ _ _ _

Listen and read the conversation.



1 Alex and Sara are talking on the phone.



2 Superfoods are good for people.



3 Sara likes maca and Alex likes quinoa.



4 Sara likes tangerines. Alex's mom likes broccoli.



5 Superfoods contain protein and vitamins.



6 Sara and Alex like superfoods. Superfoods grow in Peru.

LET'S UNDERSTAND!

Exercise 1: Look at the pictures. Read the sentences. Circle Yes or No. Follow the example.



Example:

Hamburgers and soda are superfoods.

Yes - ☒ No



1 Superfoods are good for people.

Yes - ☐ No



2 Maca contains protein and vitamins.

Yes - ☐ No



3 Quinoa is from Lima.

Yes - ☐ No

Exercise 2: Complete the sentences with the words from the box. Follow the example.



quinoa



tangerines



maca



broccoli
(Example)

Example:

Alex's mom likes broccoli.

1. Alex likes _____.

2. Sara likes _____.

3. _____ are from Huaral, Lima.

LET'S PRACTISE!

Exercise 1: Unscramble the words. Follow the example.



Example

o l i v e s



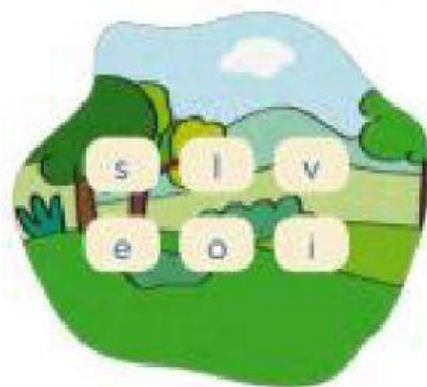
1



2



3



Exercise 2: Look at the pictures and decide if each sentence is "True" or "False". Follow the example.

Example:



Superfoods are good for you.

True - False



1 Tony likes sweet potatoes.

True - False



2 Kelly likes spinach.

True - False



3 Robert likes quinoa.

True - False