



DAILY TEST
SD EMIRATTES ISLAMIC SCHOOL
Academic Year 2020 – 2021

SCIENCE

A. DRAW A LINE ACCORDING TO THE CORRECT ANSWER !

Type of Food Group	 Function 	Examples
Carbohydrates	Helps your body work properly	  
Protein	Needed for chemical reactions in our body	  
Vitamins & Minerals	Helps your body grow and repair itself	  
Fats and Oils	Acts as an energy store	
Fibre	Gives you energy	  
Water	Cleans our digestive system	

B. LOOK THE FOOD PYRAMID BELOW !

