Healthy and Unhealthy Foods
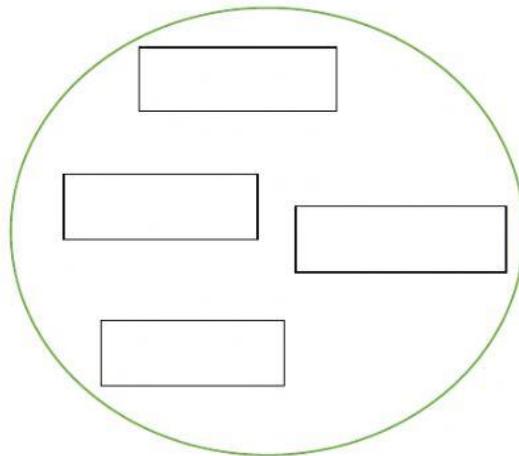
1. Put the foods in the correct column.

Healthy Foods	Unhealthy Foods
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2. Create a healthy breakfast by choosing foods from the list.

Ice cream	eggs
bread	Soft drink
pizza	milk
apple	sweets