

UNIT 2: NATURAL SCIENCE. VIDEO 8: UNHEALTHY HABITS.

Name:

1	To avoid germs...	
A	You have to drink coke, have a healthy diet and rest.	
B	You have to drink water, have a healthy diet and rest.	
C	You have to drink water, have an unhealthy diet and rest.	
2	Unhealthy habits are...	
A	Eating a lot of fast food, sugar, additives and doing little exercise.	
B	Sleeping a lot and doing exercise.	
C	Drinking water and playing videogames.	
3	Playing videogames can result in...	
A	Fun and happiness.	
B	Headaches and backache.	
C	Headaches, backache and sleep loss.	
4	Some people are allergic to...	
A	Certain foods, the air and animal hair.	
B	Dust, pollen, animal hair and certain foods.	
C	Dust, animal hair and certain foods.	
5	Alcohol can harm...	
A	Your body and your cat.	
B	Your liver, hair and brain.	
C	Your liver, heart and brain.	
6	Smoking can harm these organs:	
A	Your lungs and heart.	
B	Your excretory system and brain.	
C	Your respiratory system and excretory system.	
7	Empathy is...	
A	The ability of being selfish.	
B	The ability of being a troublemaker.	
C	The ability to understand how someone feels.	