

GERUNDS & INFINITIVES

1.- Complete using gerunds & infinitives



Feeling blue? Then take care of yourself!

Everybody feels a little sad from time to time. If you (1 not feel like / talk) about what is making you unhappy and you (2 dislike / read) advice books, here are some helpful hints. First of all, (3 decide / take care of) your health. (4 Avoid / drink) coffee and alcohol. Coffee especially can make you feel nervous, but exercise can reduce nervousness and calm you. If you (5 choose / exercise), I (6 suggest / go) with a friend you (7 enjoy / spend) time with. (8 Be sure / eat) right and, importantly, (9 be sure / get) lots of sleep. If you (10 would like / take) a day off from work and you (11 want / go) to the movies or (12 plan / take) a walk in the park, just do it. Everybody needs to take a break sometimes. And when life gets too depressing, (13 learn / cheer) yourself up. You can be your own best friend! Oh, and a final note: Everybody finds certain colors "happy." Try to wear the colors *you* find most cheerful.

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2.- Complete using gerunds or infinitives. Use the adjective in the box to fill in some gaps.

annoying boring depressing enjoyable exciting relaxing

1. I've had the most stressful week at work! I need to get a massage this weekend. I find it so relaxing.
2. We don't want to miss tonight's game. Our favorite team is in the championship. It's going to be really exciting!
3. Most kids hate going shopping. They think it's not any fun and complain, "This is so boring."
4. I had to ask a classmate to please quit tapping his pencil on the desk. I found it very annoying.
5. I don't feel like watching that film. I hear it's very depressing. I'm not in the mood for a sad movie.
6. Max usually doesn't mind exercising. He finds it pretty enjoyable.

3.- Read the conversation and complete using gerunds or infinitives adding the correct preposition.

A: You look a little blue. What's up?

B: Oh, nothing really. I'm just sick of working late every night.
1. sick / work

A: Is that all? You look really down.

B: I'm bored the same thing every day. And I also feel
2. bored / do
sad too little time at home.
3. sad / spend

A: Have you complained overtime?
4. complained / work

B: No, I'm afraid my boss angry. I had to finish a report
5. afraid / make
late. And now my boss is talking us more work.
7. talking / give

A: Wow! I see why you are feeling blue. Why don't you start looking for a new job?

B: Maybe I should.

4.- Read and complete using gerunds or infinitives.

A: I'm excited about repainting the living room.

B: Me too. I'm sick and tired of looking at the same boring color for so many years.

A: I want to pick a bright color. Maybe yellow?

B: I don't mind choosing a bright color, but yellow is out of the question. How about green?

A: Well, the kitchen is green. Our bedroom is green. Even the bathroom is green. I don't feel like painting anything else green.

B: OK. We need to look at these color samples. Hey, how about painting the living room blue?

A: Hmm. Let's see. I don't object to using blue. But I would really like to use this light blue. I think it's more cheerful than the dark blue.

B: I like the light blue, too!

A: Now we just need to decide what colors to repaint the kitchen, bedroom, and bathroom!

5.- Complete with the gerunds in affirmative or negative.

I really want to do something to improve my appearance and lose weight. I'm sick of being able to fit into my clothes. I know it's not enough to complain about gaining weight—I need to do something about it! I plan to spend every afternoon riding my bike. Also, I want to go on a diet, but I'm afraid of feeling hungry all the time. I worry about having enough energy to exercise if I'm getting enough to eat.