1 My brother's very _____. He lies in bed until midday and never does any work.

2 My grandpa's 70, but he's still really _____. He cycles everywhere and plays tennis.

3 Sonia is very _____. She always thinks of other people and is good to them.

4 Everyone likes Toby. He's the most _____ boy in the school.

5 Our teacher is so _____. She always makes us laugh.

6 When I speak to adults I try to be _____.

7 Sara is very _____. She smiles a lot and she's easy to talk to.

8 Most people in my class talk a lot, but Fred is _____ and doesn't say much.

9 I wasn't sure how to do my project, but the teacher was very _____. She told me about some great websites.

10 Suchitra is very _____. She can paint and draw, and she writes excellent stories.