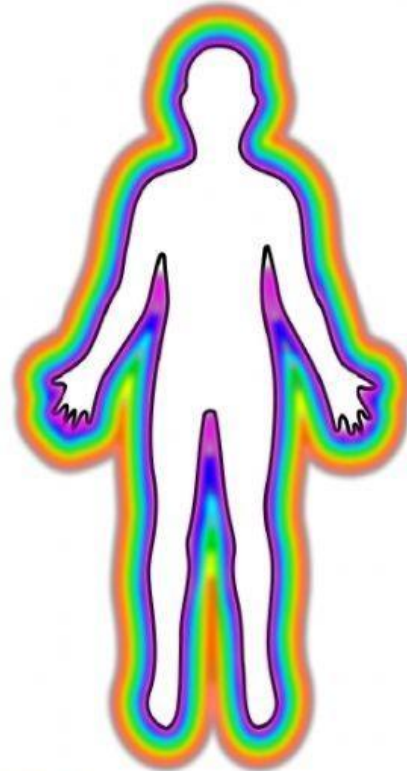


My Warning Signs

- 1) Upset Stomach
- 2) Headache
- 3) Clenched Fists
- 4) Loud Voice
- 5) Red Face
- 6) Restless, Fidgety, Twitchy
- 7) Heart beating faster or louder.
- 8) Sweaty Palms
- 9) _____
- 10) _____



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I sometimes feel threatened by:-
