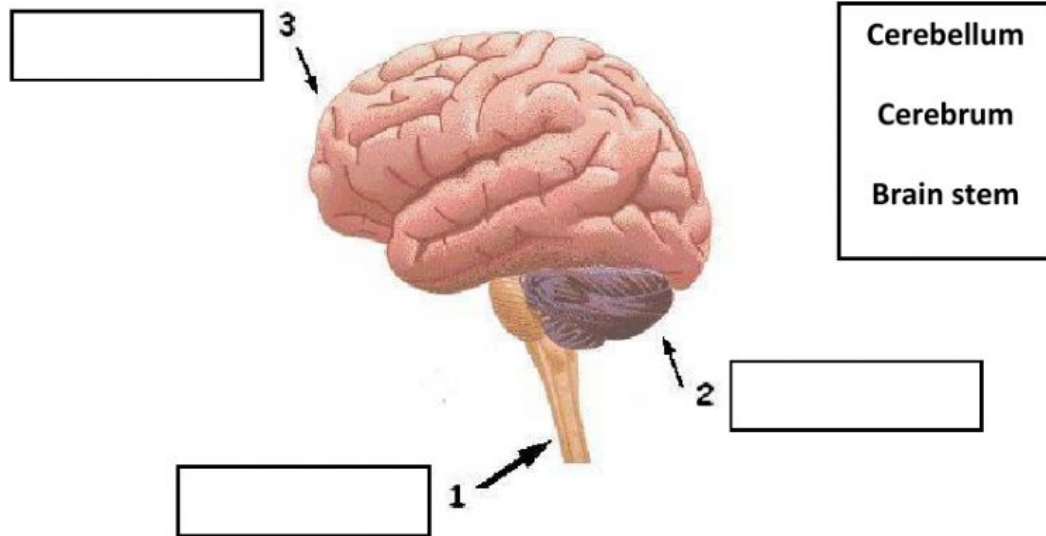


1. Look at the picture and drop each name in the correct place.



2. Match

The cerebrum

controls movements, balance and coordination

The cerebellum

controls involuntary actions such as breathing

The brain stem

control voluntary actions, such as speaking

3. Order the next sentences

1

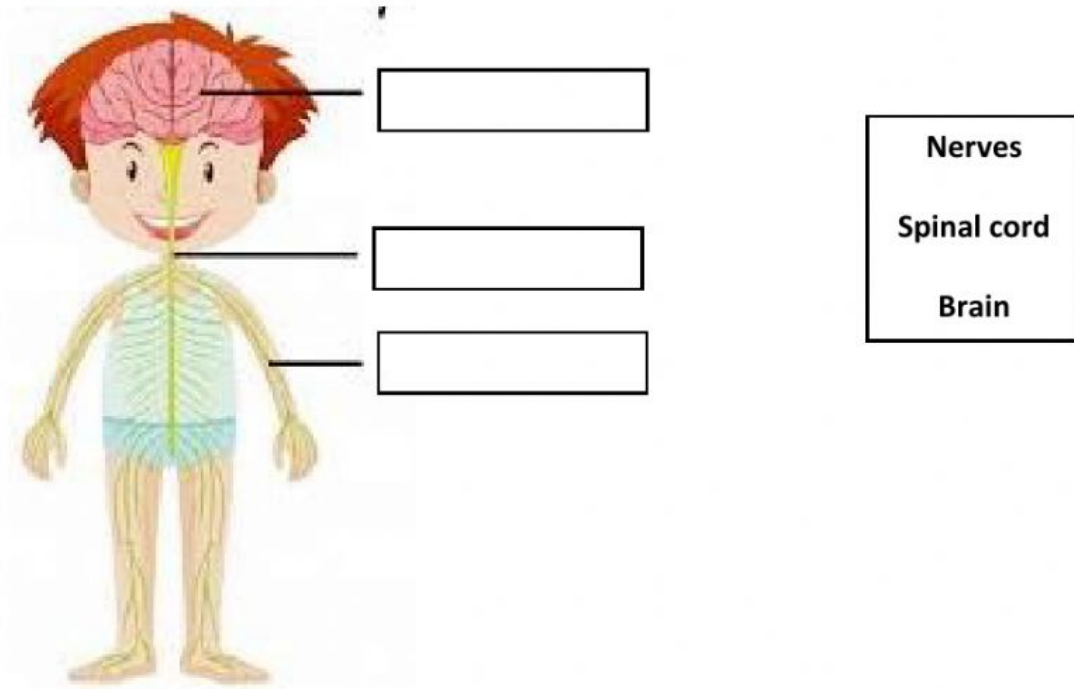
2

3

4

- ☐ The brain analyses and interprets this information.
- ☐ These messages make your body reacts.
- ☐ The nervous system receives information from the sense organs.
- ☐ It works together with the spinal cord to send messages to different parts of the body through the nerves.

4. Write the parts of the nervous system.



5. Match each sense with its organ

Sight

Touch

Hearing

Smell

Taste

Nose, olfactory nerves

Tongue, taste buds

Eyes, optic nerves

Ears, auditory nerves

Skin, sensory nerves

6. Complete this sentence:

The locomotor system is made up of the _____, _____ and _____.

7. Choose or write the correct option:

- Bones are **rigid** / **elastic**.
- Muscles are **soft** / **hard**
- Bones can contract and relax: **true** / **false**

- Muscles pull bones to move: **true / false**
- The skeleton is made up of all the bones / muscles in your body.
- It is divided into three parts: the _____, the _____ and the _____.
- The bones come together at **joints / ligaments**
- **Ligaments / tendons** connect muscles to bones.

8. Match.

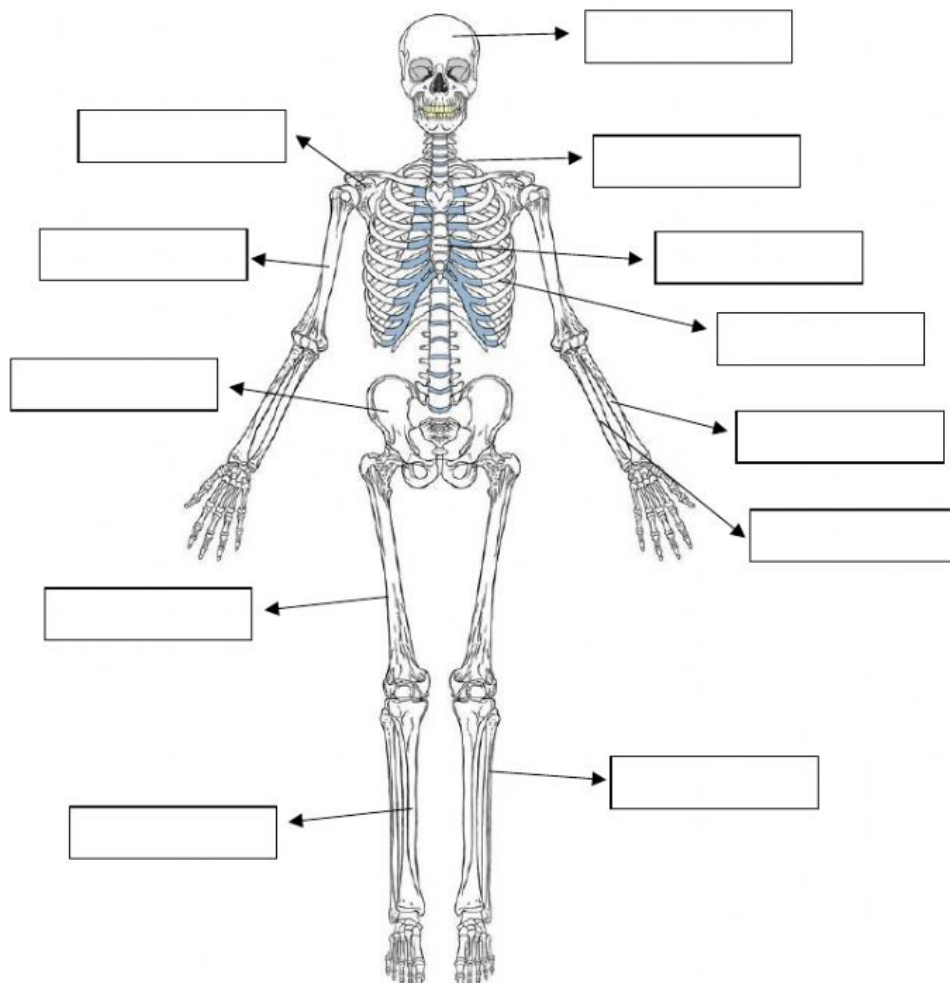
The skeleton

Support the body and protect our internal organs

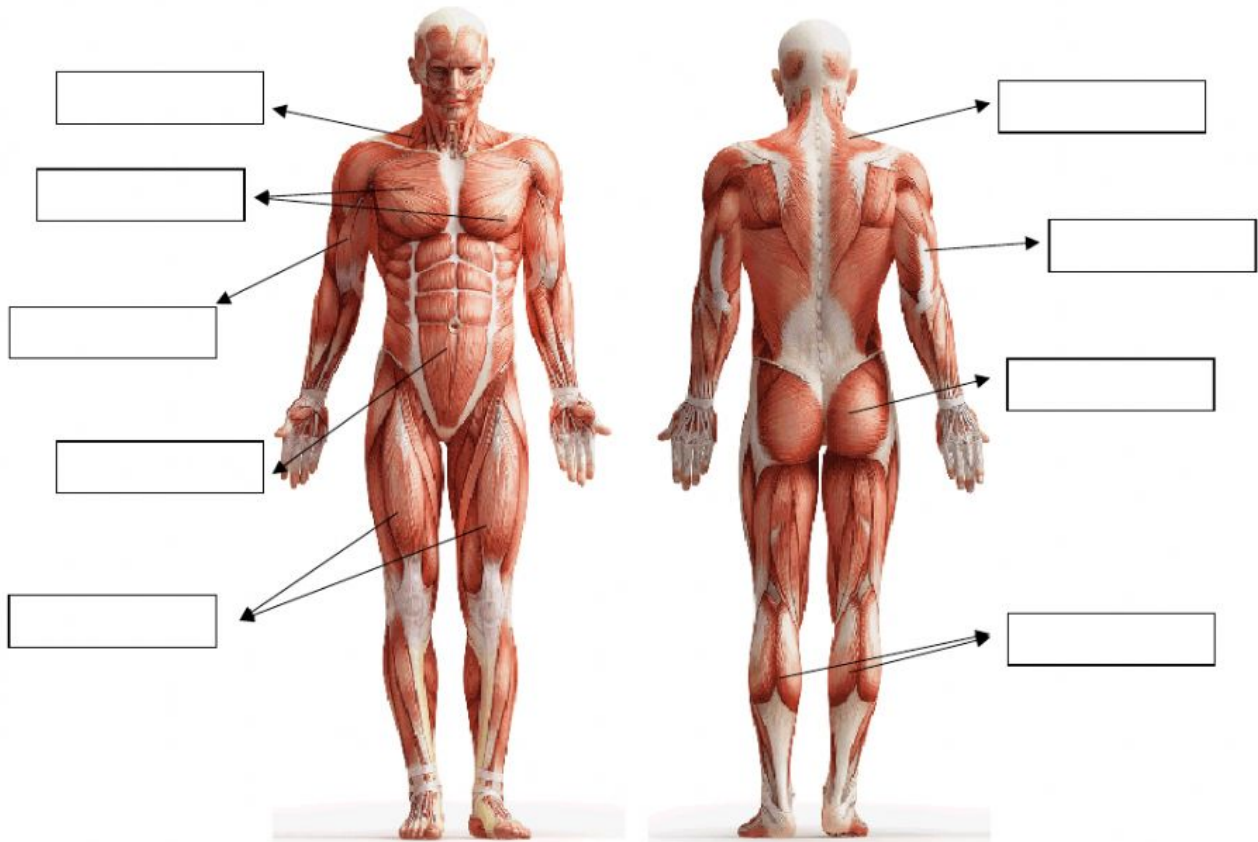
The muscles

Give our body shape and protect our organs

9. Write the next bones:



10. Write the next muscles:



11. Match to make correct sentences

The cerebellum

The brain stem

The cerebrum

The muscles

The skeleton

The ligaments

are connected to the bones by tendons.

controls voluntary actions.

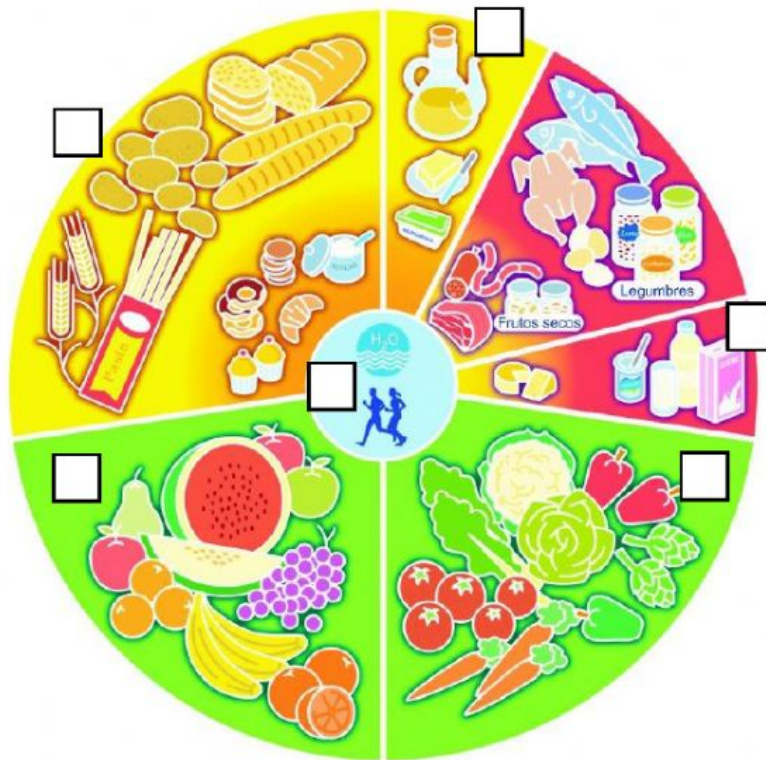
controls balance, movement and coordination.

supports the body and protects the organs.

connect bones at joints.

controls involuntary actions.

12. Match each group with its name



- 1 Water
- 2 Dairy products
- 3 Fruit
- 4 Vegetables
- 5 Fats
- 6 Bread, cereals and potatoes
- 7 Meat, fish, eggs and pulses

13. Match each food group with its function:

Fruit and vegetables

Bread, pasta, cereals and potatoes

Olive oil, seeds, avocados and nuts

Meats, poultry, fish, eggs and pulses

Dairy products

contain fibre and carbohydrates

contain proteins and iron

contain lots of vitamins and minerals

contain protein and calcium

contain healthy fats and oils

14. Choose if these habits are healthy or unhealthy.

Drinking water

Drinking fizzy drinks

Playing sports

Playing computer games

Watching TV everyday

Exercising three hours a day

Eating lots of salt

Having check-ups

Sleeping 10 hours

