

HEALTHY HABITS

FILL IN THE BLANKS USING **SHOULD** OR **SHOULDN'T**
AND ONE VERB FROM THE WORD BANK

SMOKE
VISIT
WASH
SLEEP
WEAR
GO

BRUSH
EAT(2)
WATCH
DRINK(2)
PLAY
DO



You _____
some exercise every
day.



You _____
to bed late.



You _____
five fruits and
vegetables every day



You _____
too much alcohol.



You _____
too many sweets.



You _____
your teeth after every
meal.



You _____
your hands before
every meal.



You _____
eight hours every
day.



You _____
your coat in winter.



You _____
the dentist once a
year.



You _____
video games all day.



You _____



You _____
lots of water.



You _____
too much tv.