



# Expressing FREQUENCY

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To express **FREQUENCY** we can use:

- **Adverbs of frequency** (always - usually - sometimes - rarely - never)
- Or **frequency expressions**, when we know the number of times we do something (once/twice/three times a day/week/month/a year).

## POSITION in the SENTENCE:

★ Remember that **adverbs** of frequency go **after the Subject and before a main verb** (except with TO BE)

eg: "She never gets up early"

★ and expressions of frequency go **at the end of the sentence.**

eg: "She gets up early once a week."

Draw an arrow from the adverb/expression of frequency to the correct place where it should go.

My mum  watches cooking programmes .

never

My sister plays Minecraft .

once a year

I go to the dentist .

usually

My dad goes to work by taxi .



*twice a week*

My friends have an English lesson .

*three times a day*

You should brush your teeth .

Now, re write the sentences placing the adverb/expression of frequency in the correct place.

I finish my homework before dinner.

USUALLY

I usually finish my homework before dinner.

My aunt invites us to her house.

ONCE A WEEK

My aunt invites us to her house once a week.

I wash the dishes after lunch.

RARELY

My dad goes to the museum.

TWICE A MONTH

My mum helps me with my homework.

SOMETIMES

I invite my best friend home .

THREE TIMES  
A MONTH