

NAME: \_\_\_\_\_

Cleaning your teeth is an essential part of maintaining a healthy

The most common enemy in the battle to keep teeth clean is

Plaque is a sticky

that attaches to teeth

Plaque is composed of various components including bits of

Plaque can create problems such as

and

What is a more serious condition that plaque can lead to?

What is a simple and easy way to remove plaque?

How long should a typical brushing take?

