

LISTENING COMPREHENSION

Stress baking helped during U.S. election

5th November, 2020



True / False

- a) The article said the U.S. election was stressful for everyone. T / F
- b) Over half of people in a poll said the election was a main cause of stress. T / F
- c) Over half of people polled said election day was the tensest day this year. T / F
- d) An app cofounder said we should run marathons to reduce stress. T / F
- e) Looking at non-stop news stressed many people out. T / F
- f) There were many cakes and bread in ovens before the election. T / F
- g) Over half of people polled gained weight in 2020. T / F
- h) A woman said there may not be an election winner for weeks. T / F

Phrase Match

- | | |
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| 1. conducted by the marketing | a. up to the election |
| 2. November the 3rd, 2020 would be the tensest | b. of stress |
| 3. they couldn't imagine being | c. winner for weeks |
| 4. this year has been a marathon | d. more stressed |
| 5. These are not normal | e. research company |
| 6. The months of non | f. popularity in 2020 |
| 7. Stress baking rose in | g. reliever |
| 8. in the run | h. times |
| 9. people used baking as a stress | i. stop news coverage |
| 10. we probably won't have a clear | j. day yet this year |