



WORKSHEET

L-GEP-49

Vigente desde
15/01/2020

TEACHER	July Marcela Sánchez González						
TERM	III	GRADE	Sixth	SUBJECT	English	DATE	
STUDENT					GROUP		No
TERM LEARNING OUTCOME							
To talk about current events and their implications in the future.							

Worksheet N° 3

The dark side of processed food



Learning outcomes: By the end of this worksheet, students will be able

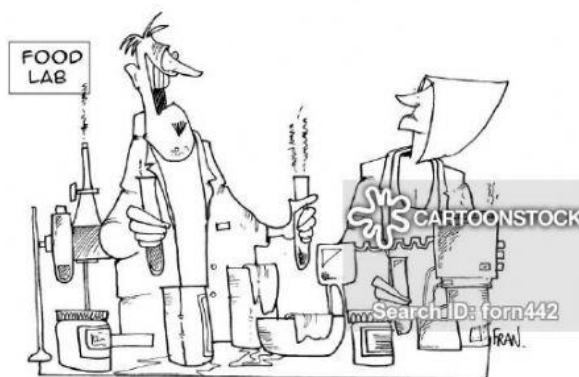
- To reflect about the effects of processed food in our bodies.
- To learn vocabulary about phrasal verbs related to food
- To develop critical thinking skills through vocabulary learning activities that strengthen language skills.

CLIL principle: Culture



CHALLENGE FIVE

Read the following cartoons and decide what statement describes better its message:



EUREKA...IT'S THE 'NATURAL' FLAVOUR WE'VE BEEN LOOKING FOR

The cartoon says:

a. only in labs, excellent quality food is made.	b. industries make the best chemical combinations to get the most natural flavors.	c. artificial flavors are not natural.
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"We don't know what it is, but once we add
bacon, the public will love it."

The cartoon says:

a. food companies know every ingredient they use in preparations.	b. People are eating something in processed food and chemists do not know what it is.	c. the ingredients used for preparations are natural and nutritional.
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Do you remember when food had food in it?

"We don't know what it is, but once we add
bacon, the public will love it."

The cartoon says:

a. there are more chemicals than healthy ingredients in some processed food.	b. chemical products are improving the quality of food.	c. The names in food products are easy to understand.
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"SOME OF THE ADDITIVES CAUSE A NERVE DISORDER,
BUT SOME OF THE OTHER ADDITIVES CURE IT."

The cartoon says:

a. chemicals in food help people to be healthy.	b. there is some misinformation in food labels about the role of chemicals in food.	c. all the information in food labels is correct.
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Images retrieved from: <https://www.cartoonstock.com/>

What do you think about the previous cartoons?

CHALLENGE SIX

Watch the following video and decide if the statements are true (T) or false (F).



LEARNING STRATEGY:
USING RESOURCES
FOR RECEIVING
AND
SENDING MESSAGES.



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Video retrieved from: <https://www.youtube.com/watch?v=p-xtcqCU6L4>

	TRUE/FALSE
Sausages are made of pork, beef, and chicken trimmings.	
Corn syrup is not used to sweet the processed mass.	
A stuffing machine pumps to meat purée into casings.	
Hot dogs' strains are carried into an oven with several cooking zones.	
The black stripe means sausages are ready to serve.	
Sausages are peeled to be packaged.	
More than 400.000 sausages are made in an hour.	

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LEARNING STRATEGY:
PERSONALIZING/
CONTEXTUALIZING

Answer the following questions:



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After watching the process how sausages are made. What do you think?

Do you think sausages are healthy for you? Yes/No. Why?

CLIL principle: Communication



**CHALLENGE
SEVEN**

Go to your kitchen and make a tick in the following chart:



*what's in
the
pantry?*





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	None	Between two and three	More than five
How many tinned foods are there?			
How many microwave meals are there?			
How many savoury snacks are there? (Doritos, Cheetos, etc.)			
How many meat products are there? (bacon, sausages, ham etc.)			
How many cakes, biscuits are there?			
How many soft or fruit drinks are there?			

Answer the following questions:

After revising your pantry, what can you conclude?

Do you consider making changes in the way you eat are necessary? Yes/No. Why?

Based on the reading in challenge four about the disadvantages of processed food, what are you planning to stop buying when going to the supermarket? Why?



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CHALLENGE EIGHT

Complete the following conversation with the verbs in the box



Mateo: Hi, María Paz

María Paz: What's up?

Mateo: What are you planning to do tonight?

María Paz: I plan to _____ with my friends, there is an opening of a new fast-food restaurant.

Mateo: Really? Why don't you watch some movies on Netflix, see what's on the fridge and _____ something with vegetables or fruits?

María Paz: Mmm... no, it is not my cup of tea, I do not like cooking and I really want to get something to eat quickly.

Mateo: Let me help you, my family and I have explored other types of food to replace those that are not healthy for us, my father has diabetes, and we need to take care about him. I have learned some new recipes and know what _____ between meals. For instance, green pea smoothie with mint or some spinach banana muffins.

María Paz: For real? I expect your father to get well quickly. Ok, you convince me, so tell me more!



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Mateo: My parents and I did not pay attention what we ate, and my father go sick, we _____ cakes, biscuits, soft drinks, and many things without thinking about it. Now, we enjoy, a diet based on fruits and vegetables.

María Paz: No way! I could not _____ fruits or vegetables. However, I got worried about what you said of your father. I _____ pancakes, maple syrup and hot chocolate for breakfast and go to school quickly, so I think I have to make better choices related to the way I eat.

Mateo: Take it easy, it is not about stopping to eat, it is about _____ some sugar and fats, doing some exercise and of course eating vegetables or fruits.

María Paz: I used to be cool as a cucumber, but I need to be more serious and take better decisions, so let's make a salad.

Mateo: Sure!



Ask your parents and siblings and what practices you want to modify, what processed food you would like to stop eating. Describe how you are planning to do that:



**A PACT FOR
HAVING A GOOD
HEALTH**

WHAT TO STOP EATING.	HOW I AM PLANNING TO DO THAT.
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