

Name: \_\_\_\_\_ Code No. \_\_\_\_\_

I Period-Date \_\_\_\_\_

**GRAMMAR WORKSHEET**  
**SIMPLE PAST VS PAST PROGRESSIVE**

**Part A**

**Instructions:** Complete the conversation using the correct form of the verbs in parentheses. Use the simple past or past progressive accordingly.

A. Paz: What \_\_\_\_\_ you \_\_\_\_\_ (look) at just then? You \_\_\_\_\_ (smile).

Eva: I \_\_\_\_\_ (watch) the video of Nicole's wedding. She \_\_\_\_\_ (look) so happy.

Paz: How \_\_\_\_\_ she and Matt \_\_\_\_\_ (meet)?

Eva: At my graduation party. Matt almost \_\_\_\_\_ (not come). He \_\_\_\_\_ (cover) a big story for the newspaper. Luckily, his plans \_\_\_\_\_ (change). The rest is history.

B. Dan: I \_\_\_\_\_ (find) your Superman web page while I \_\_\_\_\_ (surf) the internet. It's great!

Dee: Thanks. When \_\_\_\_\_ you \_\_\_\_\_ (become) a Superman fan?

Dan: Years ago. I \_\_\_\_\_ (read) a comic book when I \_\_\_\_\_ (decide) to marry Lois Lane! Just kidding. I \_\_\_\_\_ (want) to draw Lois Lane and Superman.

Dee: Me too. I \_\_\_\_\_ (study) graphic arts when I \_\_\_\_\_ (start) my web page.

Dan: So, it seems like superman was influential in *both* our lives!

C. Lara: \_\_\_\_\_ Jason \_\_\_\_\_ (surprise) you when he  
\_\_\_\_\_ (come) over last night?

Erin: Yes! I \_\_\_\_\_ (watch) a tennis match on TV when he  
\_\_\_\_\_ (knock) on the door. When the game \_\_\_\_\_ (end),  
we \_\_\_\_\_ (have) a delicious dinner. And while we  
\_\_\_\_\_ (eat), Jason \_\_\_\_\_ (ask) me to marry him!

Lara: That's great! Congratulations.

**Part B:**

**Instructions:** Complete the following paragraph with the correct form of the verbs in parentheses. Use the **simple past** and the **past continuous**.

While I \_\_\_\_\_ (sleep) last night, I \_\_\_\_\_ (hear) a noise.  
I \_\_\_\_\_ (wake up). A man \_\_\_\_\_ (walk) through my house.  
I \_\_\_\_\_ (stand up), and I \_\_\_\_\_ (call) 911. The operator was  
very nice. She told me not to hang up. While I \_\_\_\_\_ (talk) quietly to her, I  
\_\_\_\_\_ (see) the man go upstairs. I was so scared. My hands \_\_\_\_\_  
(shake). My heart \_\_\_\_\_ (beat) fast. But you know what happened? This wasn't  
a true story. Actually, I \_\_\_\_\_ (dream).

**Part C**

**Instructions:** Complete the following questions using the verbs in parentheses and the information in the answers. Use the **simple past** and the **past continuous**.

1) \_\_\_\_\_ (do) at midnight last night?

I was talking on the telephone.

2) \_\_\_\_\_ (do) when the phone rang?

I was sleeping.

3) \_\_\_\_\_ (feel) angry when you woke up?

No, I didn't.

4) \_\_\_\_\_ (go) back to sleep? You are already late!

Yes, I was. I'm sorry! I'm just too tired.